# A PINCHING THEOREM FOR CONFORMAL CLASSES OF WILLMORE SURFACES IN THE UNIT $n$-SPHERE 

## BY

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#### Abstract

Let $x: M \rightarrow S^{n}$ be a compact immersed Willmore surface in the $n$-dimensional unit sphere. In this paper, we consider the case of $n \geq 4$. We prove that if $\inf _{g \in G} \max _{g \circ x(M)}\left(\Phi_{g}-\frac{1}{8} H_{g}^{2}-\right.$ $\left.\sqrt{\frac{4}{9}+\frac{1}{6} H_{g}^{2}+\frac{1}{96} H_{g}^{4}}\right) \leq \frac{2}{3}$, where $G$ is the conformal group of the ambient space $S^{n}, \Phi_{g}$ and $H_{g}$ are the square of the length of the trace free part of the second fundamental form and the length of the mean curvature vector of the immersion $g \circ x$ respectively, then $x(M)$ is either a totally umbilical sphere or a conformal Veronese surface.


## 1. Introduction

Let $x: M \rightarrow S^{n}$ be a compact immersed surface in the $n$-dimensional unit sphere $S^{n}$. We denote as usual by $\left(h_{i j}^{\alpha}\right)$ the second fundamental form of $M$, by $H^{\alpha}=\sum h_{i i}^{\alpha}$ the $\alpha$-component of the mean curvature vector $\mathbb{H}$, by $H$ the length of the mean curvature vector, and by $\phi_{i j}^{\alpha}=h_{i j}^{\alpha}-\frac{H^{\alpha}}{2} \delta_{i j}$ the trace free part of the second fundamental form. Let $\Phi=\sum\left(\phi_{i j}^{\alpha}\right)^{2}$. Then the Willmore functional is defined by

$$
W(x)=\int_{M} \Phi
$$

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where the integration is with respect to the area measure of $M$. This functional is preserved if we move $M$ via conformal transformations of $S^{n}$. The critical points of $W$ are called Willmore surfaces. They satisfy the EulerLagrange equation

$$
\Delta^{\perp} H^{\alpha}+\sum \phi_{i j}^{\alpha} \phi_{i j}^{\beta} H^{\beta}=0
$$

where $\Delta^{\perp}$ is the Laplacian in the normal bundle $N M$ (see [15]). Thus any minimal surface in $S^{n}$ is a Willmore surface. The set of Willmore surfaces turns out to be larger than that of minimal surfaces.

For $M$ being a minimal submanifold in the $n$-dimensional unit sphere $S^{n}$, there are vast estimates for the square of the length of the second fundamental form. Significant works in this direction have been obtained by Simons (see [14]), Chern, do Carmo and Kobayashi (see [3]), Peng and Terng (see [12]) and the references cited therein. One expects that similar results are also valid for Willmore surfaces (see [9]). Based on this idea, Li proved that if $M$ is a compact Willmore surface in the n-dimensional unit sphere $S^{n}$ satisfying $0 \leq \Phi \leq 2$ when $n=3,0 \leq \Phi \leq \frac{4}{3}$ when $n \geq 4$, then $M$ is the totally umbilical sphere or the Clifford torus or the Veronese surface (see [8] and [9]). This result is analogous to that of Chern, do Carmo and Kobayashi in the case of minimal surfaces, they proved that if $H=0$ and $0 \leq \Phi \leq \frac{2 n-4}{2 n-5}$, then $M$ is the equatorial sphere or the Clifford torus or the Veronese surface (see [3]).

For $M$ being a hypersurface with constant mean curvature in the $n$ dimensional unit sphere $S^{n}$, Alencar and do Carmo obtained a pinching constant which depends on the mean curvature (see [1]). For submanifolds with parallel mean curvature vector in spheres, the above theorem was extended to higher codimension by Santos and Fontenele (see [13] and [6]).

Because in general a Willmore surface is not minimal, it is interesting to find an upper estimate for $\Phi$ including the mean curvature. Our starting point is to improve an upper estimate for $\Phi$ which was given previously by the authors (see [5]). It is surprised that this improvement is not so formal. The proof involves some new tricks.

Theorem 1.1. Let $M$ be a compact immersed Willmore surface in the $n$-dimensional unit sphere $S^{n}, n \geq 4$. If

$$
0 \leq \Phi \leq \frac{2}{3}+\frac{1}{8} H^{2}+\sqrt{\frac{4}{9}+\frac{1}{6} H^{2}+\frac{1}{96} H^{4}}
$$

then either $\Phi=0$ and $M$ is totally umbilical or $\Phi=\frac{2}{3}+\frac{1}{8} H^{2}+\left(\frac{4}{9}+\frac{1}{6} H^{2}\right.$ $\left.+\frac{1}{96} H^{4}\right)^{1 / 2}$. In the latter case, $n=4$ and $M$ is the Veronese surface.

It is remarkable that the Veronese surface is the minimal surface in the 4-dimensional unit sphere $S^{4}$ satisfying $\Phi=\frac{4}{3}$ (see [3]). Just as the result of Li , Theorem 1.1 does not characterize any non-minimal Willmore surface except the totally umbilical spheres. However, the estimate is sharp in the sense that for every given positive $\epsilon$, there is a compact Willmore surface $M$ in $S^{4}$ satisfying $0<\Phi \leq \frac{2}{3}+\frac{1}{8} H^{2}+\sqrt{\frac{4}{9}+\frac{1}{6} H^{2}+\frac{1}{96} H^{4}}+\epsilon$ but which is not the Veronese surface.

For characterizing non-minimal Willmore surfaces, for each immersion $x$ of $M$ into the unit n-sphere $S^{n}$, we consider the infimum of maximum values of

$$
\Phi-\frac{1}{8} H^{2}-\sqrt{\frac{4}{9}+\frac{1}{6} H^{2}+\frac{1}{96} H^{4}}
$$

obtained by composition of $x$ with $g$, where $g$ ranges over all conformal mappings of $S^{n}$. This conformal invariant depends on the immersion $x$. We show that this conformal invariant characterizes the totally umbilical sphere and the conformal class of the Veronese surface. Since the conformal group $G$ of the ambient space $S^{n}$ is not compact, we need to handle the estimates more carefully, and carry limit procedure out at a right time. The following is the main result of the paper.

Theorem 1.2. Let $M$ be a compact immersed Willmore surface in the $n$-dimensional unit sphere $S^{n}, n \geq 4$. If

$$
\inf _{g \in G} \max _{g \circ x(M)}\left(\Phi_{g}-\frac{1}{8} H_{g}^{2}-\sqrt{\frac{4}{9}+\frac{1}{6} H_{g}^{2}+\frac{1}{96} H_{g}^{4}}\right) \leq \frac{2}{3},
$$

where $G$ is the conformal group of the ambient space $S^{n}, \Phi_{g}$ and $H_{g}$ are the square of the length of the trace free part of the second fundamental form
and the mean curvature of the immersion $g \circ x$ respectively, then $x(M)$ is either a totally umbilical sphere or a conformal Veronese surface.

As an immediate consequence of Theorem 1.2, the pinching condition can be simplified as follows.

Corollary 1.3. Let $M$ be a compact immersed Willmore surface in the $n$-dimensional unit sphere $S^{n}, n \geq 4$. If

$$
\inf _{g \in G} \max _{g \circ x(M)}\left(\Phi_{g}-\frac{1}{6} H_{g}^{2}\right) \leq \frac{4}{3}
$$

then $x(M)$ is either a totally umbilical sphere or a conformal Veronese surface.

For codimension one, there is an analogue result. If $x: M \rightarrow S^{3}$ is a compact immersed Willmore surface satisfying $\inf _{g \in G} \max _{g \circ x(M)}\left(\Phi_{g}-\frac{1}{4} H_{g}^{2}\right) \leq 2$, then $x(M)$ is either a totally umbilical sphere or a conformal Clifford torus.

The paper is organized as follows. In Section 2 we recall some basic facts and inequalities about Willmore surfaces. In Section 3 we characterize the totally umbilical spheres and the Veronese surface by use of an integral inequality in terms of $\Phi$ and $H$ (see Theorem 1.1). Finally, the conformal estimate is dealt in Section 4. The main idea in the proof of Theorem 1.2 is to consider a minimizing sequence $g_{m}$ in $G$. If this minimizing sequence is convergent in $G$, the assertion follows from Theorem 1.1. Otherwise, we will show that $M$ must be totally umbilical. The proof requires additional techniques in progress.

## 2. Preliminaries

Let $x: M \rightarrow S^{n}$ be an immersed surface in the $n$-dimensional unit sphere $S^{n}$. We choose a local orthonormal frame field $\left\{e_{1}, \ldots, e_{n}\right\}$ in $S^{n}$, so that when restricted to $x(M)$ the vectors $e_{1}, e_{2}$ are tangent to $x(M)$, and $\left\{e_{3}, \ldots, e_{n}\right\}$ is a local frame field in the normal bundle $N M$ of $M$. Let $\left\{\omega_{1}, \ldots, \omega_{n}\right\}$ denote the dual coframe field in $S^{n}$. We shall use the following ranges of indices

$$
1 \leq i, j, k, \cdots \leq 2 ; \quad 3 \leq \alpha, \beta, \gamma, \cdots \leq n
$$

Then the structure equations are given by

$$
\begin{aligned}
d x & =\sum \omega_{i} e_{i} \\
d e_{i} & =\sum \omega_{i j} e_{j}+\sum h_{i j}^{\alpha} \omega_{j} e_{\alpha}-\omega_{i} x \\
d e_{\alpha} & =-\sum h_{i j}^{\alpha} \omega_{j} e_{i}+\sum \omega_{\alpha \beta} e_{\beta},
\end{aligned}
$$

where $\omega_{i j}$ and $\omega_{\alpha \beta}$ are the connection forms and $\left(h_{i j}^{\alpha}\right), h_{i j}^{\alpha}=h_{j i}^{\alpha}$, is the second fundamental form of $M$. From the structure equations of $M$, the Gauss equations are then given by

$$
\begin{align*}
R_{i j k l} & =\left(\delta_{i k} \delta_{j l}-\delta_{i l} \delta_{j k}\right)+\sum\left(h_{i k}^{\alpha} h_{j l}^{\alpha}-h_{i l}^{\alpha} h_{j k}^{\alpha}\right)  \tag{2.1}\\
R_{i k} & =\delta_{i k}+\sum H^{\alpha} h_{i k}^{\alpha}-\sum h_{i j}^{\alpha} h_{j k}^{\alpha}  \tag{2.2}\\
2 K & =2+H^{2}-S  \tag{2.3}\\
R_{\alpha \beta i j} & =\sum\left(h_{i k}^{\alpha} h_{k j}^{\beta}-h_{j k}^{\alpha} h_{k i}^{\beta}\right) \tag{2.4}
\end{align*}
$$

were $K$ is the Gaussian curvature of $M, S=\sum\left(h_{i j}^{\alpha}\right)^{2}$ is the square of the length of the second fundamental form, $\mathbb{H}=\sum H^{\alpha} e_{\alpha}=\sum h_{i i}^{\alpha} e_{\alpha}$ is the mean curvature vector, and $H=\sqrt{\sum\left(h_{i i}^{\alpha}\right)^{2}}$ is the length of the mean curvature vector of $M$.

The covariant derivative $\nabla h_{i j}^{\alpha}$ of the second fundamental form $h_{i j}^{\alpha}$ of $M$ with components $h_{i j k}^{\alpha}$ is defined by

$$
\sum h_{i j k}^{\alpha} \omega_{k}=d h_{i j}^{\alpha}+\sum h_{k j}^{\alpha} \omega_{k i}+\sum h_{i k}^{\alpha} \omega_{k j}+\sum h_{i j}^{\beta} \omega_{\beta \alpha}
$$

and the covariant derivative $\nabla^{2} h_{i j}^{\alpha}$ of $\nabla h_{i j}^{\alpha}$ with components $h_{i j k l}^{\alpha}$ is defined by

$$
\sum h_{i j k l}^{\alpha} \omega_{l}=d h_{i j k}^{\alpha}+\sum h_{l j k}^{\alpha} \omega_{l i}+\sum h_{i l k}^{\alpha} \omega_{l j}+\sum h_{i j l}^{\alpha} \omega_{l k}+\sum h_{i j k}^{\beta} \omega_{\beta \alpha}
$$

Then the Codazzi equation and the Ricci formula are given by

$$
\begin{gather*}
h_{i j k}^{\alpha}-h_{i k j}^{\alpha}=0  \tag{2.5}\\
h_{i j k l}^{\alpha}-h_{i j l k}^{\alpha}=\sum h_{m j}^{\alpha} R_{m i k l}+\sum h_{i m}^{\alpha} R_{m j k l}+\sum h_{i j}^{\beta} R_{\beta \alpha k l} . \tag{2.6}
\end{gather*}
$$

Let $\phi_{i j}^{\alpha}$ denote the tensor $h_{i j}^{\alpha}-\frac{H^{\alpha}}{2} \delta_{i j}$, and $\Phi=\sum\left(\phi_{i j}^{\alpha}\right)^{2}$ the square of the length of the trace free tensor $\phi_{i j}^{\alpha}$. These relations now imply the Simons' identity, Lemmas 2.2 and 2.3. See also [5] for a simple derivation.

Lemma 2.1. $\frac{1}{2} \Delta \Phi=\sum\left(\phi_{i j k}^{\alpha}\right)^{2}+\sum \phi_{i j}^{\alpha} H_{i j}^{\alpha}+\Phi\left(2+\frac{H^{2}}{2}-\Phi\right)-\sum R_{\alpha \beta 12}^{2}$.
Lemma 2.2. $\sum \phi_{i j j}^{\alpha} H_{i}^{\alpha}=\frac{1}{2} \sum\left|\nabla^{\perp} H^{\alpha}\right|^{2}$, where $\sum\left|\nabla^{\perp} H^{\alpha}\right|^{2}=\sum\left(H_{i}^{\alpha}\right)^{2}$.
Lemma 2.3. $\sum\left(\phi_{i j k}^{\alpha}\right)^{2} \geq \frac{1}{4} \sum\left|\nabla^{\perp} H^{\alpha}\right|^{2}$. The equality holds if and only if $\phi_{111}^{\alpha}=\phi_{122}^{\alpha}=\frac{H_{1}^{\alpha}}{4}$ and $\phi_{211}^{\alpha}=\phi_{222}^{\alpha}=\frac{H_{2}^{\alpha}}{4}$, for all $\alpha$.

By use of the Willmore surface equation and Stokes' theorem, we have
Lemma 2.4. Let $M$ be a compact Willmore surface in the unit sphere $S^{n}$. Then

$$
\int_{M} \sum\left|\nabla^{\perp} H^{\alpha}\right|^{2}=\int_{M} \sum\left(\sum \phi_{i j}^{\alpha} H^{\alpha}\right)^{2}
$$

In the proofs of Theorems 1.1 and 1.2, we need the following estimate.
Lemma 2.5. If $\sum\left(x^{\alpha}\right)^{2}+\left(y^{\alpha}\right)^{2}=\frac{\Phi}{2}, \sum\left(z^{\alpha}\right)^{2}=z^{2}$ and $c$ is a nonnegative constant, then $\left(\sum x^{\alpha} z^{\alpha}\right)^{2}+\left(\sum y^{\alpha} z^{\alpha}\right)^{2}+16 c \sum\left(x^{\alpha}\right)^{2} \sum\left(y^{\alpha}\right)^{2}-16 c\left(\sum x^{\alpha} y^{\alpha}\right)^{2} \leq$ $f(\Phi, z)$, where $f(\Phi, z)=c\left(\Phi+\frac{z^{2}}{8 c}\right)^{2}$, if $c$ is positive and $\Phi>\frac{z^{2}}{8 c} ; f(\Phi, z)=$ $\frac{1}{2} \Phi z^{2}$, otherwise. The equality of the first case holds if and only if one of the following three cases holds
(1) $A=0, B^{2}=\frac{z^{2}}{4}\left(\Phi+\frac{z^{2}}{8 c}\right), \xi=\frac{1}{4}\left(\Phi-\frac{z^{2}}{8 c}\right), \eta=\frac{1}{4}\left(\Phi+\frac{z^{2}}{8 c}\right), \zeta=0$ and $z^{\alpha}=4 \frac{B y^{\alpha}}{\Phi+\frac{z^{2}}{8 c}}$,
(2) $A^{2}=\frac{z^{2}}{4}\left(\Phi+\frac{z^{2}}{8 c}\right), B=0, \xi=\frac{1}{4}\left(\Phi+\frac{z^{2}}{8 c}\right), \eta=\frac{1}{4}\left(\Phi-\frac{z^{2}}{8 c}\right), \zeta=0$ and $z^{\alpha}=4 \frac{A x^{\alpha}}{\Phi+\frac{z^{2}}{8 c}}$,
(3) $A^{2}+B^{2}=\frac{z^{2}}{4}\left(\Phi+\frac{z^{2}}{8 c}\right), A^{2}-B^{2}=4 c\left(\Phi+\frac{z^{2}}{8 c}\right)(\xi-\eta), A B=4 c\left(\Phi+\frac{z^{2}}{8 c}\right) \zeta$, $\xi \eta-\zeta^{2}=\frac{1}{16}\left(\Phi+\frac{z^{2}}{8 c}\right)\left(\Phi-\frac{z^{2}}{8 c}\right)$ and $z^{\alpha}=4 \frac{A x^{\alpha}+B y^{\alpha}}{\Phi+\frac{z^{2}}{8 c}}$, where $A=\sum x^{\alpha} z^{\alpha}$, $B=\sum y^{\alpha} z^{\alpha}, \xi=\sum\left(x^{\alpha}\right)^{2}, \eta=\sum\left(y^{\alpha}\right)^{2}$ and $\zeta \stackrel{\text { 8c }}{=} \sum x^{\alpha} y^{\alpha}$.

Proof. We first observe that the result follows by direct estimate for the cases of $c=0, z=0, \Phi=0$ and $\xi \eta-\zeta^{2}=0$. Without loss of generality, we may assume that $c, z, \Phi$ and $\xi \eta-\zeta^{2}$ are positive. By using the Lagrange
multiplier technique, we get that

$$
\begin{aligned}
A z^{\alpha}+16 c \eta x^{\alpha}-16 c \zeta y^{\alpha}+\mu x^{\alpha} & =0 \\
B z^{\alpha}+16 c \xi y^{\alpha}-16 c \zeta x^{\alpha}+\mu y^{\alpha} & =0 \\
A x^{\alpha}+B y^{\alpha}+\nu z^{\alpha} & =0,
\end{aligned}
$$

for all $\alpha$. Multiplying the these equations by $x^{\beta}, y^{\beta}$ and $z^{\beta}$, respectively, we find that

$$
\begin{aligned}
A^{2}+16 c\left(\xi \eta-\zeta^{2}\right)+\mu \xi & =0, \\
B^{2}+16 c\left(\xi \eta-\zeta^{2}\right)+\mu \eta & =0, \\
A B+\mu \zeta & =0, \\
A z^{2}+16 c A \eta-16 c B \zeta+\mu A & =0, \\
B z^{2}+16 c B \xi-16 c A \zeta+\mu B & =0, \\
A \xi+B \zeta+\nu A & =0, \\
A \zeta+B \eta+\nu B & =0, \\
A^{2}+B^{2}+\nu z^{2} & =0,
\end{aligned}
$$

and thus

$$
\mu=-\frac{2}{\Phi}\left[A^{2}+B^{2}+32 c\left(\xi \eta-\zeta^{2}\right)\right]
$$

and

$$
\nu=-\frac{A^{2}+B^{2}}{z^{2}} .
$$

After making the substitutions of $\mu$ and $\nu$, the Lagrange conditions can be rewritten as

$$
\begin{aligned}
A^{2}+16 c\left(\xi \eta-\zeta^{2}\right) & =\frac{2 \xi}{\Phi}\left(A^{2}+B^{2}+32 c\left(\xi \eta-\zeta^{2}\right)\right) \\
B^{2}+16 c\left(\xi \eta-\zeta^{2}\right) & =\frac{2 \eta}{\Phi}\left(A^{2}+B^{2}+32 c\left(\xi \eta-\zeta^{2}\right)\right), \\
A B & =\frac{2 \zeta}{\Phi}\left(A^{2}+B^{2}+32 c\left(\xi \eta-\zeta^{2}\right)\right) \\
A z^{2}+16 c A \eta-16 c B \zeta & =\frac{2 A}{\Phi}\left(A^{2}+B^{2}+32 c\left(\xi \eta-\zeta^{2}\right)\right),
\end{aligned}
$$

$$
\begin{aligned}
B z^{2}+16 c B \xi-16 c A \zeta & =\frac{2 B}{\Phi}\left(A^{2}+B^{2}+32 c\left(\xi \eta-\zeta^{2}\right)\right) \\
z^{2}(A \xi+B \zeta) & =A\left(A^{2}+B^{2}\right) \\
z^{2}(A \zeta+B \eta) & =B\left(A^{2}+B^{2}\right)
\end{aligned}
$$

Case 1. $A=B=0$. The only points that can give rise to a local maximum value $c \Phi^{2}$ are $\xi=\eta=\frac{\Phi}{4}$ and $\zeta=0$. We note that $c \Phi^{2} \leq \frac{1}{2} \Phi z^{2}$ if $\Phi \leq \frac{z^{2}}{8 c}$.

Case 2. $A=0$ but $B \neq 0$. In this case the third equation gives $\zeta=0$. If $\xi \neq 0$, then the side condition $\xi+\eta=\frac{\Phi}{2}$, the first and fifth equations imply $\xi=\frac{1}{2}\left(\frac{\Phi}{2}-\frac{z^{2}}{16 c}\right)$ and $\eta=\frac{1}{2}\left(\frac{\Phi}{2}+\frac{z^{2}}{16 c}\right)$. This case occurs only when $\Phi>\frac{z^{2}}{8 c}$. It follows from the last equation that $B^{2}=\frac{z^{2}}{4}\left(\Phi+\frac{z^{2}}{8 c}\right)$, and therefore that the function takes on the value $c\left(\Phi+\frac{z^{2}}{8 c}\right)^{2}$. If $\xi=0$, then the assertion follows from the simple case of $\xi \eta-\zeta^{2}=0$.

Case 3. $A \neq 0$ but $B=0$. The argument is similar to Case 2 .
Case 4. $A \neq 0$ and $B \neq 0$. It follows from the sixth and seventh equations that

$$
\begin{aligned}
\xi & =\frac{1}{z^{2}}\left(A^{2}+B^{2}\right)-\frac{B}{A} \zeta \\
\eta & =\frac{1}{z^{2}}\left(A^{2}+B^{2}\right)-\frac{A}{B} \zeta .
\end{aligned}
$$

The side condition $\xi+\eta=\frac{\Phi}{2}$ then gives

$$
\frac{\zeta}{A B}=\frac{2}{z^{2}}-\frac{\Phi}{2\left(A^{2}+B^{2}\right)}
$$

On the other hand, we know from the third, fourth and sixth equations that

$$
\frac{A B}{\zeta}=z^{2}+8 c \Phi-\frac{16 c}{z^{2}}\left(A^{2}+B^{2}\right)
$$

Comparing these two equations, we find that $A^{2}+B^{2}$ satisfies a quadratic equation, and by solving it, we obtain $A^{2}+B^{2}=\frac{1}{2} \Phi z^{2}$ or $\frac{z^{2}}{4}\left(\Phi+\frac{z^{2}}{8 c}\right)$. To find the value of $\xi \eta-\zeta^{2}$, the third equation gives

$$
\frac{2}{\Phi}\left(A^{2}+B^{2}+32 c\left(\xi \eta-\zeta^{2}\right)\right)=z^{2}+8 c \Phi-\frac{16 c}{z^{2}}\left(A^{2}+B^{2}\right)
$$

If $A^{2}+B^{2}=\frac{1}{2} \Phi z^{2}$, then $c\left(\xi \eta-\zeta^{2}\right)=0$. There are nothing to prove. Thus we may assume $A^{2}+B^{2}=\frac{z^{2}}{4}\left(\Phi+\frac{z^{2}}{8 c}\right)$. In this case, we have $c\left(\xi \eta-\zeta^{2}\right)=$ $\frac{c}{16}\left(\Phi+\frac{z^{2}}{8 c}\right)\left(\Phi-\frac{z^{2}}{8 c}\right)$. This case occurs only when $\Phi>\frac{z^{2}}{8 c}$. Combining with the first and second equations, we then obtain $A^{2}-B^{2}=4 c\left(\Phi+\frac{z^{2}}{8 c}\right)(\xi-\eta)$. The third equation implies $A B=4 c\left(\Phi+\frac{z^{2}}{8 c}\right) \zeta$. Equalities cases are then clear from the above argument.

Let $D_{n+1}=\left\{x \in \mathbb{R}^{n+1}:|x|<1\right\}$ be the open unit ball in $\mathbb{R}^{n+1}$ and $G$ the conformal group of $S^{n}$. For each $g \in D_{n+1}$, we introduce the mapping, also denote by $g, g: S^{n} \rightarrow S^{n}$ given by

$$
g(x)=\frac{x+(\lambda+\mu<x, g>) g}{\lambda(1+<x, g>)}
$$

where $\lambda=\frac{1}{\sqrt{1-|g|^{2}}}$ and $\mu=\frac{\lambda^{2}}{\lambda+1}$. We know that each conformal transformation of $S^{n}$ can be expressed by $T \circ g$, where $T$ is an orthogonal transformation of $S^{n}$ and $g \in D_{n+1}$ (see [10] and [11]).

Let $x: M \rightarrow S^{n}$ be a compact Willmore surface. It follows that for each $g \in D_{n+1}, \bar{x}=g \circ x$ is also a compact Willmore surface. The new induced first fundamental form of $\bar{x}$ may be written in terms of the original induced first fundamental form as

$$
d \bar{s}^{2}=\frac{1}{\lambda^{2}(1+<x, g>)^{2}} d s^{2}
$$

Furthermore, the second fundamental forms of $\bar{x}$ and $x$ are related by

$$
\bar{h}_{i j}^{\alpha}=\lambda\left[(1+<x, g>) h_{i j}^{\alpha}+<e_{\alpha}, g>\delta_{i j}\right] .
$$

We recite some relationships of corresponding quantities between $\bar{x}$ and $x$ as follows

Lemma 2.6. The new $\bar{H}, \bar{\Phi}$ and its derivatives can be expressed in terms of that of original as follows
(1) $\bar{H}^{\alpha}=\lambda\left[(1+<x, g>) H^{\alpha}+2<e_{\alpha}, g>\right]$.
(2) $\bar{H}_{i}^{\alpha}=\lambda^{2}(1+<x, g>)\left[(1+<x, g>) H_{i}^{\alpha}-2 \sum \phi_{i j}^{\alpha}<e_{j}, g>\right]$.
(3) $\bar{\phi}_{i j}^{\alpha}=\lambda(1+<x, g>) \phi_{i j}^{\alpha}$.
(4) $\bar{\Phi}=\lambda^{2}(1+<x, g>)^{2} \Phi$.
(5) $\bar{\phi}_{i j k}^{\alpha}=\lambda^{2}(1+<x, g>)\left[(1+<x, g>) \phi_{i j k}^{\alpha}+\phi_{i j}^{\alpha}<e_{k}, g>+\phi_{j k}^{\alpha}\right.$ $\left.<e_{i}, g>+\phi_{k i}^{\alpha}<e_{j}, g>-\phi_{l j}^{\alpha}<e_{l}, g>\delta_{k i}-\phi_{i l}^{\alpha}<e_{l}, g>\delta_{j k}\right]$.

For any given constant vector $g \in \mathbb{R}^{n+1}$, let $F^{\alpha}(x)=(1+\langle x, g\rangle$ $) H^{\alpha}+2<e_{\alpha}, g>$. Then $F^{\alpha}$ satisfies the following equation

Lemma 2.7. $\Delta^{\perp} F^{\alpha}+\sum \phi_{i j}^{\alpha} \phi_{i j}^{\beta} F^{\beta}=0$.
Proof. It follows from the structure equations that

$$
\begin{aligned}
<x, g>_{i}= & <e_{i}, g> \\
<x, g>_{i j}= & \phi_{i j}^{\alpha}<e_{\alpha}, g>+\delta_{i j} \frac{H^{\alpha}}{2}<e_{\alpha}, g>-\delta_{i j}<x, g> \\
<e_{\alpha}, g>_{i}= & -\phi_{i j}^{\alpha}<e_{j}, g>-\frac{H^{\alpha}}{2}<e_{i}, g> \\
\Delta^{\perp}<e_{\alpha}, g>= & -\sum H_{i}^{\alpha}<e_{i}, g>-\sum \phi_{i j}^{\alpha} \phi_{i j}^{\beta}<e_{\beta}, g> \\
& -\sum \frac{H^{\alpha} H^{\beta}}{2}<e_{\beta}, g>+H^{\alpha}<x, g>.
\end{aligned}
$$

We then have

$$
F_{i}^{\alpha}=(1+<x, g>) H_{i}^{\alpha}-2 \sum \phi_{i j}^{\alpha}<e_{j}, g>
$$

and

$$
\begin{aligned}
\Delta^{\perp} F^{\alpha}= & H^{\alpha} \Delta<x, g>+2 \sum<e_{i}, g>H_{i}^{\alpha}+(1+<x, g>) \Delta^{\perp} H^{\alpha} \\
& +2 \Delta^{\perp}<e_{\alpha}, g> \\
= & \sum H^{\alpha} H^{\beta}<e_{\beta}, g>-2 H^{\alpha}<x, g>+2 \sum<e_{i}, g>H_{i}^{\alpha} \\
& -(1+<x, g>) \sum \phi_{i j}^{\alpha} \phi_{i j}^{\beta} H^{\beta}-2 \sum H_{i}^{\alpha}<e_{i}, g> \\
& -2 \sum \phi_{i j}^{\alpha} \phi_{i j}^{\beta}<e_{\beta}, g>-\sum H^{\alpha} H^{\beta}<e_{\beta}, g>+2 H^{\alpha}<x, g> \\
= & -\sum\left[(1+<x, g>) H^{\beta}+2<e_{\beta}, g>\right] \phi_{i j}^{\alpha} \phi_{i j}^{\beta} \\
= & -\sum \phi_{i j}^{\alpha} \phi_{i j}^{\beta} F^{\beta} .
\end{aligned}
$$

Finally, for any given constant vector $g \in \mathbb{R}^{n+1}$, let

$$
\begin{aligned}
\psi_{i j k}^{\alpha}= & (1+<x, g>) \phi_{i j k}^{\alpha}+\phi_{i j}^{\alpha}<e_{k}, g>+\phi_{j k}^{\alpha}<e_{i}, g>+\phi_{k i}^{\alpha}<e_{j}, g> \\
& -\sum \phi_{l j}^{\alpha}<e_{l}, g>\delta_{k i}-\sum \phi_{i l}^{\alpha}<e_{l}, g>\delta_{j k}
\end{aligned}
$$

for all $\alpha, i, j, k$. We will use the following properties.
Lemma 2.8. $\psi_{i j k}^{\alpha}$ satisfies the following equations:
(1) $\psi_{i j k}^{\alpha}=\psi_{j i k}^{\alpha}$, for all $\alpha, i, j, k$.
(2) $\Sigma \psi_{j j i}^{\alpha}=0$, for all $\alpha, i$.
(3) $\Sigma \psi_{i j j}^{\alpha}=\frac{F_{i}^{\alpha}}{2}$, for all $\alpha, i$.

## 3. Proof of Theorem 1.1

In this section we present the proof of Theorem 1.1. For simplicity, from now on in this section, let $r(H)=\sqrt{\frac{4}{9}+\frac{1}{6} H^{2}+\frac{1}{96} H^{4}}$. First, we wish to show that $\Phi$ is equal to either 0 or $\frac{2}{3}+\frac{H^{2}}{8}+r(H)$.

Integrating both sides of the Lemma 2.1 over $M$, we have

$$
\begin{aligned}
0 & =\int_{M}\left[\sum\left(\phi_{i j k}^{\alpha}\right)^{2}+\sum \phi_{i j}^{\alpha} H_{i j}^{\alpha}+\Phi\left(2+\frac{H^{2}}{2}-\Phi\right)-\sum R_{\alpha \beta 12}^{2}\right] \\
& =\int_{M}\left[\sum\left(\phi_{i j k}^{\alpha}\right)^{2}-\sum \phi_{i j j}^{\alpha} H_{i}^{\alpha}+\Phi\left(2+\frac{H^{2}}{2}-\Phi\right)-\sum R_{\alpha \beta 12}^{2}\right]
\end{aligned}
$$

It follows from Lemmas 2.2 and 2.3 that

$$
0 \geq \int_{M}\left[-\frac{1}{4} \sum\left|\nabla^{\perp} H^{\alpha}\right|^{2}+\Phi\left(2+\frac{H^{2}}{2}-\Phi\right)-\sum R_{\alpha \beta 12}^{2}\right]
$$

Since

$$
\begin{aligned}
\sum\left(R_{\alpha \beta 12}\right)^{2} & =4 \sum\left(\phi_{11}^{\alpha} \phi_{12}^{\beta}-\phi_{11}^{\beta} \phi_{12}^{\alpha}\right)^{2} \\
& =8 \sum\left(\phi_{11}^{\alpha}\right)^{2} \sum\left(\phi_{12}^{\alpha}\right)^{2}-8\left(\sum \phi_{11}^{\alpha} \phi_{12}^{\alpha}\right)^{2},
\end{aligned}
$$

by Lemmas 2.4 and 2.5 with $c=1$, we get

$$
\begin{aligned}
0 \geq & \int_{M}\left[-\frac{1}{4} \sum\left(\sum \phi_{i j}^{\alpha} H^{\alpha}\right)^{2}-8 \sum\left(\phi_{11}^{\alpha}\right)^{2} \sum\left(\phi_{12}^{\alpha}\right)^{2}+8\left(\sum \phi_{11}^{\alpha} \phi_{12}^{\alpha}\right)^{2}\right. \\
& \left.+\Phi\left(2+\frac{H^{2}}{2}-\Phi\right)\right] \\
= & \int_{M}\left\{-\frac{1}{2}\left[\left(\sum \phi_{11}^{\alpha} H^{\alpha}\right)^{2}+\left(\sum \phi_{12}^{\alpha} H^{\alpha}\right)^{2}+16 \sum\left(\phi_{11}^{\alpha}\right)^{2} \sum\left(\phi_{12}^{\alpha}\right)^{2}\right.\right. \\
& \left.\left.\quad-16\left(\sum \phi_{11}^{\alpha} \phi_{12}^{\alpha}\right)^{2}\right]+\Phi\left(2+\frac{H^{2}}{2}-\Phi\right)\right\} \\
\geq & \int_{M} u(\Phi, H)
\end{aligned}
$$

where $u$ is the continuous function given by $u(\Phi, H)=-\frac{3}{2}\left[\Phi^{2}-\left(\frac{4}{3}+\frac{H^{2}}{4}\right) \Phi+\right.$ $\left.\frac{H^{4}}{192}\right]$, if $\Phi>\frac{H^{2}}{8} ; u(\Phi, H)=\Phi\left(2+\frac{H^{2}}{4}-\Phi\right)$, if $\Phi \leq \frac{H^{2}}{8}$.

Notice that $u$ is nonnegative. In fact, if $\frac{2}{3}+\frac{H^{2}}{8}+r(H) \geq \Phi>\frac{H^{2}}{8}$, then

$$
u(\Phi, H) \geq-\frac{3}{2}\left[\Phi-\left(\frac{2}{3}+\frac{H^{2}}{8}+r(H)\right)\right]\left[-\frac{2}{3}+r(H)\right] \geq 0
$$

and if $\Phi \leq \frac{H^{2}}{8}$, then

$$
u(\Phi, H) \geq \Phi\left(2+\frac{H^{2}}{8}\right) \geq 0
$$

The preceding integral inequality then implies that if $0 \leq \Phi \leq \frac{2}{3}+\frac{H^{2}}{8}+$ $r(H)$, then either $\Phi=0$ and $M$ is totally umbilical, or $\Phi=\frac{2}{3}+\frac{H^{2}}{8}+r(H)$. In the latter case we show below that $M$ is minimal.

Now we shall simply assume that $\Phi=\frac{2}{3}+\frac{H^{2}}{8}+r(H)$. In this case, all the integral inequalities of previous argument become equalities. The proof of $M$ is minimal is broken up into four steps.

Step 1. We establish the following two equations for later use:

$$
|\nabla \Phi|^{2}=\sum \phi_{i j}^{\alpha} \Phi_{j} H_{i}^{\alpha}
$$

and

$$
\int_{M} \frac{\sum\left|\nabla^{\perp} H^{\alpha}\right|^{2}}{4 \Phi}=\int_{M} \frac{r(H)}{r(H)+\frac{2}{3}+\frac{H^{2}}{12}} \frac{|\nabla \Phi|^{2}}{\Phi^{2}}+\int_{M} \frac{1}{4 \Phi} \sum\left(\sum \phi_{i j}^{\alpha} H^{\alpha}\right)^{2} .
$$

Because $\Phi=\frac{2}{3}+\frac{H^{2}}{8}+r(H)$, by Lemma 2.3, $\phi_{111}^{\alpha}=\phi_{122}^{\alpha}=\phi_{212}^{\alpha}=$ $-\phi_{221}^{\alpha}=\frac{H_{1}^{\alpha}}{4}$ and $\phi_{211}^{\alpha}=\phi_{222}^{\alpha}=\phi_{121}^{\alpha}=-\phi_{112}^{\alpha}=\frac{H_{2}^{\alpha}}{4}$, it follows from a straight computation that
$|\nabla \Phi|^{2}=\sum \phi_{i j}^{\alpha} \Phi_{j} H_{i}^{\alpha}=\left(\sum \phi_{11}^{\alpha} H_{1}^{\alpha}+\sum \phi_{12}^{\alpha} H_{2}^{\alpha}\right)^{2}+\left(\sum \phi_{12}^{\alpha} H_{1}^{\alpha}+\sum \phi_{22}^{\alpha} H_{2}^{\alpha}\right)^{2}$.

We obtain the first equation.
Since $\Phi=\frac{2}{3}+\frac{H^{2}}{8}+r(H)$, we have

$$
\Phi_{i}=\left(\frac{1}{4}+\frac{\frac{1}{6}+\frac{H^{2}}{48}}{r(H)}\right) \sum H^{\alpha} H_{i}^{\alpha}
$$

and hence

$$
\sum H^{\alpha} H_{i}^{\alpha} \Phi_{i}=\frac{r(H)|\nabla \Phi|^{2}}{\frac{r(H)}{4}+\frac{1}{6}+\frac{H^{2}}{48}}
$$

Multiplying by $H^{\alpha}$, dividing by $\Phi$ and integrating over $M$, the equation $\Delta H^{\alpha}+\sum \phi_{i j}^{\alpha} \phi_{i j}^{\beta} H^{\beta}=0$ implies that

$$
\begin{aligned}
0 & =\int_{M}\left(\frac{\sum H^{\alpha} \Delta^{\perp} H^{\alpha}}{\Phi}+\frac{\sum \phi_{i j}^{\alpha} \phi_{i j}^{\beta} H^{\alpha} H^{\beta}}{\Phi}\right) \\
& =\int_{M}\left[-\sum\left(\frac{H^{\alpha}}{\Phi}\right)_{i} H_{i}^{\alpha}+\frac{1}{\Phi} \sum\left(\sum \phi_{i j}^{\alpha} H^{\alpha}\right)^{2}\right] \\
& =\int_{M}\left[-\sum\left(\frac{\left|\nabla^{\perp} H^{\alpha}\right|^{2}}{\Phi}+\frac{\Phi_{i} H^{\alpha} H_{i}^{\alpha}}{\Phi^{2}}\right)+\frac{1}{\Phi} \sum\left(\sum \phi_{i j}^{\alpha} H^{\alpha}\right)^{2}\right] \\
& =\int_{M}\left[-\sum \frac{\left|\nabla^{\perp} H^{\alpha}\right|^{2}}{\Phi}+\frac{r(H)}{\frac{r(H)}{4}+\frac{1}{6}+\frac{H^{2}}{48}} \frac{|\nabla \Phi|^{2}}{\Phi^{2}}+\frac{1}{\Phi} \sum\left(\sum \phi_{i j}^{\alpha} H^{\alpha}\right)^{2}\right] .
\end{aligned}
$$

This gives the second equation.

Step 2. We shall show that $H^{2}$ and $\Phi$ are constants. Dividing the
equation of Lemma 1 by $\Phi$ and integrating over $M$, we get

$$
\int_{M} \frac{\Delta \Phi}{2 \Phi}=\int_{M}\left[\frac{\sum\left(\phi_{i j k}^{\alpha}\right)^{2}}{\Phi}+\frac{\sum \phi_{i j}^{\alpha} H_{i j}^{\alpha}}{\Phi}+\left(2+\frac{H^{2}}{2}-\Phi\right)-\frac{\sum R_{\alpha \beta 12}^{2}}{\Phi}\right] .
$$

By applying Stokes' theorem, we obtain

$$
\begin{aligned}
\int_{M} \frac{|\nabla \Phi|^{2}}{2 \Phi^{2}}= & \int_{M}\left[\frac{\sum\left|\nabla^{\perp} H^{\alpha}\right|^{2}}{4 \Phi}-\sum \frac{\Phi \phi_{i j j}^{\alpha}-\phi_{i j}^{\alpha} \Phi_{j}}{\Phi^{2}} H_{i}^{\alpha}+\left(2+\frac{H^{2}}{2}-\Phi\right)\right. \\
& \left.-\frac{\sum R_{\alpha \beta 12}^{2}}{\Phi}\right] \\
= & \int_{M}\left[\frac{\sum\left|\nabla^{\perp} H^{\alpha}\right|^{2}}{4 \Phi}-\frac{\sum\left|\nabla^{\perp} H^{\alpha}\right|^{2}}{2 \Phi}+\frac{\sum \phi_{i j}^{\alpha} \Phi_{j} H_{i}^{\alpha}}{\Phi^{2}}\right. \\
& \left.+\left(2+\frac{H^{2}}{2}-\Phi\right)-\frac{\sum R_{\alpha \beta 12}^{2}}{\Phi}\right]
\end{aligned}
$$

where we have used $\sum\left(\phi_{i j k}^{\alpha}\right)^{2}=\frac{1}{4} \sum\left|\nabla^{\perp} H^{\alpha}\right|^{2}$ and $\sum \phi_{i j j}^{\alpha}=\frac{H_{i}^{\alpha}}{2}$ for all $i$. Consequently, we obtain from the equations of step 1 that

$$
\begin{aligned}
& 0= \int_{M}\left[-\frac{|\nabla \Phi|^{2}}{2 \Phi^{2}}-\frac{\sum\left|\nabla^{\perp} H^{\alpha}\right|^{2}}{4 \Phi}+\frac{\sum \phi_{i j}^{\alpha} \Phi_{j} H_{i}^{\alpha}}{\Phi^{2}}+\left(2+\frac{H^{2}}{2}-\Phi\right)-\frac{\sum R_{\alpha \beta 12}^{2}}{\Phi}\right] \\
&=\int_{M}\left[-\frac{|\nabla \Phi|^{2}}{2 \Phi^{2}}-\frac{r(H)}{r(H)+\frac{2}{3}+\frac{H^{2}}{12}} \frac{|\nabla \Phi|^{2}}{\Phi^{2}}-\frac{1}{4 \Phi} \sum\left(\sum \phi_{i j}^{\alpha} H^{\alpha}\right)^{2}+\frac{|\nabla \Phi|^{2}}{\Phi^{2}}\right. \\
&\left.+\left(2+\frac{H^{2}}{2}-\Phi\right)-\frac{\sum R_{\alpha \beta 12}^{2}}{\Phi}\right] \\
&=\int_{M}\left[\frac{|\nabla \Phi|^{2}}{2 \Phi^{2}}\left(1-\frac{2 r(H)}{r(H)+\frac{2}{3}+\frac{H^{2}}{12}}\right)-\frac{1}{4 \Phi} \sum\left(\sum \phi_{i j}^{\alpha} H^{\alpha}\right)^{2}+\left(2+\frac{H^{2}}{2}-\Phi\right)\right. \\
&\left.\quad-\frac{8}{\Phi} \sum\left(\phi_{11}^{\alpha}\right)^{2} \sum\left(\phi_{12}^{\alpha}\right)^{2}+\frac{8}{\Phi}\left(\sum \phi_{11}^{\alpha} \phi_{12}^{\alpha}\right)^{2}\right] \\
&= \int_{M}\left\{\frac{|\nabla \Phi|^{2}}{2 \Phi^{2}}\left(1-\frac{2 r(H)}{r(H)+\frac{2}{3}+\frac{H^{2}}{12}}\right)+\frac{1}{\Phi}\left[\Phi\left(2+\frac{H^{2}}{2}-\Phi\right)-\frac{1}{2}\left(\left(\sum \phi_{11}^{\alpha} H^{\alpha}\right)^{2}\right.\right.\right. \\
&\left.\left.\left.+\left(\sum \phi_{12}^{\alpha} H^{\alpha}\right)^{2}+16 \sum\left(\phi_{11}^{\alpha}\right)^{2} \sum\left(\phi_{12}^{\alpha}\right)^{2}-16\left(\sum \phi_{11}^{\alpha} \phi_{12}^{\alpha}\right)^{2}\right)\right]\right\} \\
&\left.2 \Phi^{2}\left(1-\frac{|\nabla \Phi|^{2}}{r(H)+\frac{2}{3}+\frac{H^{2}}{12}}\right)+\frac{1}{\Phi}\left[\Phi\left(2+\frac{H^{2}}{2}-\Phi\right)-\frac{1}{2}\left(\Phi+\frac{H^{2}}{8}\right)^{2}\right]\right\} .
\end{aligned}
$$

Since the last term of the integrand vanishes,

$$
\Phi\left(2+\frac{H^{2}}{2}-\Phi\right)-\frac{1}{2}\left(\Phi+\frac{H^{2}}{8}\right)^{2}=-\frac{3}{2}\left[\Phi^{2}-\left(\frac{4}{3}+\frac{H^{2}}{4}\right) \Phi+\frac{H^{4}}{192}\right]=0
$$

we have

$$
\int_{M} \frac{|\nabla \Phi|^{2}}{2 \Phi^{2}}\left(1-\frac{2 r(H)}{r(H)+\frac{2}{3}+\frac{H^{2}}{12}}\right)=0
$$

We note that the integrand is non-positive. In fact, let

$$
f(x)=\frac{1}{2}+\frac{\frac{1}{3}+\frac{x}{24}}{\sqrt{\frac{4}{9}+\frac{1}{6} x+\frac{1}{96} x^{2}}} .
$$

Then

$$
f^{\prime}(x)=-\frac{1}{108\left(\frac{4}{9}+\frac{1}{6} x+\frac{1}{96} x^{2}\right)^{\frac{3}{2}}}<0
$$

for all $x>0, f$ is decreasing for all $x \geq 0$, and $f(x)<f(0)=1$ for all $x>0$.
We then have $|\nabla \Phi|=0$ or $H=0$, thus $\Phi$ is constant on each connected component of the set where $H \neq 0$. Since $H^{2}$ satisfies the quadratic equation $\Phi^{2}-\left(\frac{4}{3}+\frac{H^{2}}{4}\right) \Phi+\frac{H^{4}}{192}=0, H^{2}$ is also constant on each connected component of the set where $H \neq 0$. We conclude that, whether $H$ is zero or not, $H^{2}$ and $\Phi$ are constants.

Step 3. Assume that $H^{2}$ is a positive constant. We establish the following five equations:

$$
\begin{gathered}
\Delta^{\perp} H^{\alpha}+\frac{1}{2}\left(\Phi+\frac{H^{2}}{8}\right) H^{\alpha}=0, \\
\sum\left|\nabla^{\perp} H^{\alpha}\right|^{2}=\frac{1}{2}\left(\Phi+\frac{H^{2}}{8}\right) H^{2}, \\
\sum \phi_{11}^{\alpha} H_{1}^{\alpha}=\sum \phi_{12}^{\alpha} H_{1}^{\alpha}=\sum \phi_{11}^{\alpha} H_{2}^{\alpha}=\sum \phi_{12}^{\alpha} H_{2}^{\alpha}=0, \\
\sum\left(H_{1}^{\alpha}\right)^{2}-\left(H_{2}^{\alpha}\right)^{2}=2\left(\Phi+\frac{H^{2}}{8}\right) \sum \phi_{11}^{\alpha} H^{\alpha}
\end{gathered}
$$

and

$$
\sum H_{1}^{\alpha} H_{2}^{\alpha}=\left(\Phi+\frac{H^{2}}{8}\right) \sum \phi_{12}^{\alpha} H^{\alpha} .
$$

Since the equality in Lemma 2.5 with $c=1$ holds, applying

$$
H^{\alpha}=\frac{4}{\Phi+\frac{H^{2}}{8}}\left(\sum \phi_{11}^{\beta} H^{\beta} \phi_{11}^{\alpha}+\sum \phi_{12}^{\beta} H^{\beta} \phi_{12}^{\alpha}\right)
$$

twice, we have

$$
\begin{aligned}
\phi_{i j}^{\alpha} \phi_{i j}^{\beta} H^{\beta}= & \frac{8}{\Phi+\frac{H^{2}}{8}}\left[\left(\sum\left(\phi_{11}^{\beta}\right)^{2} \sum \phi_{11}^{\beta} H^{\beta}+\sum \phi_{11}^{\beta} \phi_{12}^{\beta} \sum \phi_{12}^{\beta} H^{\beta}\right) \phi_{11}^{\alpha}\right. \\
& \left.+\left(\sum \phi_{11}^{\beta} \phi_{12}^{\beta} \sum \phi_{11}^{\beta} H^{\beta}+\sum\left(\phi_{12}^{\beta}\right)^{2} \sum \phi_{12}^{\beta} H^{\beta}\right) \phi_{12}^{\alpha}\right] \\
= & \frac{8}{\Phi+\frac{H^{2}}{8}}\left[\frac{1}{4}\left(\Phi+\frac{H^{2}}{8}\right) \sum \phi_{11}^{\beta} H^{\beta} \phi_{11}^{\alpha}+\frac{1}{4}\left(\Phi+\frac{H^{2}}{8}\right) \sum \phi_{12}^{\beta} H^{\beta} \phi_{12}^{\alpha}\right] \\
= & \frac{1}{2}\left(\Phi+\frac{H^{2}}{8}\right) H^{\alpha} .
\end{aligned}
$$

Thus

$$
\Delta^{\perp} H^{\alpha}+\frac{1}{2}\left(\Phi+\frac{H^{2}}{8}\right) H^{\alpha}=0
$$

as desired. We obtain the first equation.
Since $H^{2}$ is a constant, the first equation gives

$$
\begin{aligned}
0 & =\frac{1}{2} \Delta H^{2} \\
& =\sum\left|\nabla^{\perp} H^{\alpha}\right|^{2}+\sum H^{\alpha} \Delta^{\perp} H^{\alpha} \\
& =\sum\left|\nabla^{\perp} H^{\alpha}\right|^{2}-\frac{1}{2}\left(\Phi+\frac{H^{2}}{8}\right) H^{2}
\end{aligned}
$$

This is the second equation.
Now we show the third equation. Because the equality in Lemma 2.5 with $c=1$ holds, we have

$$
\begin{aligned}
A^{2}+B^{2} & =\frac{H^{2}}{4}\left(\Phi+\frac{H^{2}}{8}\right), \\
A^{2}-B^{2} & =4\left(\Phi+\frac{H^{2}}{8}\right)\left[\sum\left(\phi_{11}^{\alpha}\right)^{2}-\sum\left(\phi_{12}^{\alpha}\right)^{2}\right] \\
A B & =4\left(\Phi+\frac{H^{2}}{8}\right) \sum \phi_{11}^{\alpha} \phi_{12}^{\alpha},
\end{aligned}
$$

where $A=\sum \phi_{11}^{\alpha} H^{\alpha}$ and $B=\sum \phi_{12}^{\alpha} H^{\alpha}$.

Since $A^{2}+B^{2}$ and $H^{2}$ are constants,

$$
\begin{aligned}
0 & =2 A\left(\sum \phi_{111}^{\alpha} H^{\alpha}+\sum \phi_{11}^{\alpha} H_{1}^{\alpha}\right)+2 B\left(\sum \phi_{121}^{\alpha} H^{\alpha}+\sum \phi_{12}^{\alpha} H_{1}^{\alpha}\right) \\
& =2 A \sum \phi_{11}^{\alpha} H_{1}^{\alpha}+2 B \sum \phi_{12}^{\alpha} H_{1}^{\alpha}
\end{aligned}
$$

we have

$$
A \sum \phi_{11}^{\alpha} H_{1}^{\alpha}+B \sum \phi_{12}^{\alpha} H_{1}^{\alpha}=0
$$

we make use here of the facts that $\phi_{111}^{\alpha}=\frac{H_{1}^{\alpha}}{4}$ and $\phi_{121}=\frac{H_{2}^{\alpha}}{4}$. Similarly, we also have

$$
A \sum \phi_{11}^{\beta} H_{2}^{\beta}+B \sum \phi_{12}^{\beta} H_{2}^{\beta}=0 .
$$

Since $A^{2}+B^{2}$ is a positive constant, $\sum \phi_{11}^{\alpha} H_{1}^{\alpha}=-t B, \sum \phi_{12}^{\alpha} H_{1}^{\alpha}=t A$, $\sum \phi_{11}^{\alpha} H_{2}^{\alpha}=-s B$ and $\sum \phi_{12}^{\alpha} H_{2}^{\alpha}=s A$, for some functions $t$ and $s$.

Taking differentiation of equations $A^{2}-B^{2}=4\left(\Phi+\frac{H^{2}}{8}\right)\left[\sum\left(\phi_{11}^{\alpha}\right)^{2}-\right.$ $\left.\sum\left(\phi_{12}^{\alpha}\right)^{2}\right]$ and $A B=4\left(\Phi+\frac{H^{2}}{8}\right) \sum \phi_{11}^{\alpha} \phi_{12}^{\alpha}$, and then substituting $\sum \phi_{11}^{\alpha} H_{1}^{\alpha}=$ $-t B, \sum \phi_{12}^{\alpha} H_{1}^{\alpha}=t A, \sum \phi_{11}^{\alpha} H_{2}^{\alpha}=-s B$ and $\sum \phi_{12}^{\alpha} H_{2}^{\alpha}=s A$, we get

$$
\begin{aligned}
2 t A B & =\left(\Phi+\frac{H^{2}}{8}\right)(s A+t B), \\
2 s A B & =\left(\Phi+\frac{H^{2}}{8}\right)(t A-s B), \\
t\left(A^{2}-B^{2}\right) & =\left(\Phi+\frac{H^{2}}{8}\right)(t A-s B), \\
s\left(A^{2}-B^{2}\right) & =\left(\Phi+\frac{H^{2}}{8}\right)(-s A-t B) .
\end{aligned}
$$

In particular, $t\left(A^{2}-B^{2}\right)=2 s A B, s\left(A^{2}-B^{2}\right)=-2 t A B$, and $s^{2} A B=$ $-t^{2} A B$. Since at least one of $A$ and $B$ is nonzero, there are three cases. If $A=0$, then $-t B^{2}=0,-s B^{2}=0$, so that $t=s=0$. Likewise, if $B=0$, then $t=s=0$. If $A$ and $B$ are nonzero, then $s^{2}=-t^{2}$, and hence $t=s=0$. In each case, $t=s=0$. Therefore we have the third equation.

Taking differentiation of the third equation, and substituting $\phi_{111}^{\alpha}=$ $\phi_{122}^{\alpha}=\phi_{212}^{\alpha}=-\phi_{221}^{\alpha}=\frac{H_{1}^{\alpha}}{4}$ and $\phi_{211}^{\alpha}=\phi_{222}^{\alpha}=\phi_{121}^{\alpha}=-\phi_{112}^{\alpha}=\frac{H_{2}^{\alpha}}{4}$, we find
that

$$
\begin{aligned}
\frac{1}{4} \sum\left[\left(H_{1}^{\alpha}\right)^{2}-\left(H_{2}^{\alpha}\right)^{2}\right]+\sum \phi_{11}^{\alpha} \Delta^{\perp} H^{\alpha} & =0 \\
-\frac{1}{2} \sum H_{1}^{\alpha} H_{2}^{\alpha}+\sum \phi_{11}^{\alpha}\left(H_{12}^{\alpha}-H_{21}^{\alpha}\right) & =0 \\
\frac{1}{2} \sum H_{1}^{\alpha} H_{2}^{\alpha}+\sum \phi_{12}^{\alpha} \Delta^{\perp} H^{\alpha} & =0 \\
\frac{1}{4} \sum\left[\left(H_{1}^{\alpha}\right)^{2}-\left(H_{2}^{\alpha}\right)^{2}\right]+\sum \phi_{12}^{\alpha}\left(H_{12}^{\alpha}-H_{21}^{\alpha}\right) & =0
\end{aligned}
$$

The equations four and five then follow from $\Delta^{\perp} H^{\alpha}+\frac{1}{2}\left(\Phi+\frac{H^{2}}{8}\right) H^{\alpha}=0$ and

$$
H_{12}^{\alpha}-H_{21}^{\alpha}=\sum H^{\beta} R_{\beta \alpha 12}=2 \sum H^{\beta}\left(\phi_{12}^{\alpha} \phi_{11}^{\beta}-\phi_{11}^{\alpha} \phi_{12}^{\beta}\right)
$$

Step 4. The hard part is to show that $M$ is minimal. Suppose, to get a contradiction, that $H^{2}$ is a positive constant. The following computation is straightforward,

$$
\sum H_{i}^{\alpha} H_{j}^{\alpha} R_{i k j k}=\sum\left|\nabla^{\perp} H^{\alpha}\right|^{2} R_{1212}=\left(1+\frac{H^{2}}{4}-\frac{\Phi}{2}\right) \sum\left|\nabla^{\perp} H^{\alpha}\right|^{2}
$$

Applying the third equation of step 3, we obtain

$$
\sum H_{i}^{\alpha} H_{j}^{\beta} R_{\beta \alpha i j}=-2 \sum\left(H_{1}^{\alpha} H_{2}^{\beta}-H_{2}^{\alpha} H_{1}^{\beta}\right)\left(\phi_{11}^{\alpha} \phi_{12}^{\beta}-\phi_{12}^{\alpha} \phi_{11}^{\beta}\right)=0
$$

Because $\phi_{111}^{\alpha}=\phi_{122}^{\alpha}=\phi_{212}^{\alpha}=-\phi_{221}^{\alpha}=\frac{H_{1}^{\alpha}}{4}$ and $\phi_{211}^{\alpha}=\phi_{222}^{\alpha}=\phi_{121}^{\alpha}=$ $-\phi_{112}^{\alpha}=\frac{H_{2}^{\alpha}}{4}$,
$\sum H_{i}^{\alpha} H^{\beta} R_{\beta \alpha i j, j}=\frac{1}{2} \sum\left[\left(H_{1}^{\alpha}\right)^{2}-\left(H_{2}^{\alpha}\right)^{2}\right] \sum \phi_{11}^{\alpha} H^{\alpha}+\sum H_{1}^{\alpha} H_{2}^{\alpha} \sum \phi_{12}^{\alpha} H^{\alpha}$.
Applying the fourth and fifth equations of step 3, we obtain

$$
\sum H_{i}^{\alpha} H^{\beta} R_{\beta \alpha i j, j}=\frac{1}{4}\left(\Phi+\frac{H^{2}}{8}\right)^{2} H^{2}
$$

Because $H^{2}$ and $\Phi$ are constants, $\sum\left|\nabla^{\perp} H^{\alpha}\right|^{2}$ is also a constant, com-
bining the above equations, we have

$$
\begin{aligned}
0= & \frac{1}{2} \Delta \sum\left|\nabla^{\perp} H^{\alpha}\right|^{2}=\sum\left(H_{i j}^{\alpha}\right)^{2}+\sum H_{i}^{\alpha} H_{i j j}^{\alpha} \\
= & \sum\left(H_{i j}^{\alpha}\right)^{2}+\sum H_{i}^{\alpha}\left(H_{j j i}^{\alpha}+H_{k}^{\alpha} R_{k j i j}+2 H_{j}^{\beta} R_{\beta \alpha i j}+H^{\beta} R_{\beta \alpha i j, j}\right) \\
= & \sum\left(H_{i j}^{\alpha}\right)^{2}+\sum H_{i}^{\alpha}\left(\Delta^{\perp} H^{\alpha}\right)_{i}+\sum H_{i}^{\alpha} H_{j}^{\alpha} R_{i k j k}+2 \sum H_{i}^{\alpha} H_{j}^{\beta} R_{\beta \alpha i j} \\
& +\sum H_{i}^{\alpha} H^{\beta} R_{\beta \alpha i j, j} \\
= & \sum\left(H_{i j}^{\alpha}\right)^{2}-\frac{1}{2}\left(\Phi+\frac{H^{2}}{8}\right) \sum\left|\nabla^{\perp} H^{\alpha}\right|^{2}+\left(1+\frac{H^{2}}{4}-\frac{\Phi}{2}\right) \sum\left|\nabla^{\perp} H^{\alpha}\right|^{2} \\
& +\sum H_{i}^{\alpha} H^{\beta} R_{\beta \alpha i j, j} \\
\geq & \frac{1}{2} \sum\left(\sum H_{i i}^{\alpha}\right)^{2}-\frac{1}{2}\left(\Phi+\frac{H^{2}}{8}\right) \sum\left|\nabla^{\perp} H^{\alpha}\right|^{2}+\left(1+\frac{H^{2}}{4}-\frac{\Phi}{2}\right) \sum\left|\nabla^{\perp} H^{\alpha}\right|^{2} \\
& +\sum H_{i}^{\alpha} H^{\beta} R_{\beta \alpha i j, j} \\
= & \frac{1}{8}\left(\Phi+\frac{H^{2}}{8}\right) H^{2}\left(\frac{10}{3}+H^{2}-r(H)\right)>0 .
\end{aligned}
$$

We then have a contradiction. This contradiction shows that $H=0$. Then we conclude that $M$ is a minimal surface with $\Phi=\frac{4}{3}$, so that $M$ is the Veronese surface (see [7]). This completes the proof of the Theorem 1.1.

## 4. Proof of Theorem 1.2

The idea of the proof is to consider a minimizing sequence $g_{m}$ of the conformal group $G$, such that the sequence $g_{m}$ converges to an element $g_{0}$ of the closure of $G$. If $g_{0} \in G$, then the result follows immediately from Theorem 1.1. Otherwise we shall show that $M$ is totally umbilical.

By the hypothesis of Theorem 1.2, there is a sequence $g_{m} \in G$ such that $\Phi_{m}-\frac{1}{8} H_{m}^{2}-r\left(H_{m}\right) \leq \frac{2}{3}+\frac{1}{m}$ on M, for all $m$, where $r(H)=\sqrt{\frac{4}{9}+\frac{1}{6} H^{2}+\frac{1}{96} H^{4}}$, $\Phi_{m}$ and $H_{m}$ are the square of the length of the trace free part of the second fundamental form and the mean curvature of the immersion $g_{m} \circ x$, respectively. Without loss of generality, we may assume that $g_{m} \in D_{n+1}$. Since the closure of $D_{n+1}$ in $R^{n+1}$ is compact, there is a subsequence, still denoted by $g_{m}$, which converges to $g_{0}$, for some $g_{0}$ in the closed unit disk. If $g_{0} \in D_{n+1}$, then $\Phi_{m}$ tends to $\Phi_{0}$, and $H_{m}^{2}$ tends to $H_{0}^{2}$ as $m$ tends to infinity. In this case, we obtain that $\Phi_{0}-\frac{1}{8} H_{0}^{2}-r\left(H_{0}\right) \leq \frac{2}{3}$ on M , and the desired conclusion
follows from Theorem 1.1. Thus from now on, we may assume that $g_{0}$ is a unit vector. In this case we shall show below that $M$ is totally umbilical. There are four steps we want to do at this point.

Step 1. We want to show that $\Phi=0$ or $\left(1+<x, g_{0}>\right)^{2} \Phi=\frac{3+\sqrt{6}}{24} F^{2}$. The proof is an adaptation of the proof of Theorem 1.1. To avoid ambiguity, for each fixed $m$, let $\bar{x}=g_{m} \circ x$, and we shall now use the notations $d a$ and $d \bar{a}$ for the area measures of $x$ and $\bar{x}$, respectively. We have to modify our integral inequality in the proof of Theorem 1.1 as follows

$$
\begin{aligned}
0 & =\int_{M}\left[\sum\left(\bar{\phi}_{i j k}^{\alpha}\right)^{2}+\sum \bar{\phi}_{i j}^{\alpha} \bar{H}_{i j}^{\alpha}+\bar{\Phi}\left(2+\frac{\bar{H}^{2}}{2}-\bar{\Phi}\right)-\sum \bar{R}_{\alpha \beta 12}^{2}\right] d \bar{a} \\
& =\int_{M}\left[\sum\left(\bar{\phi}_{i j k}^{\alpha}\right)^{2}-\sum \bar{\phi}_{i j j}^{\alpha} \bar{H}_{i}^{\alpha}+\bar{\Phi}\left(2+\frac{\bar{H}^{2}}{2}-\bar{\Phi}\right)-\sum \bar{R}_{\alpha \beta 12}^{2}\right] d \bar{a} \\
& \geq \int_{M}\left[-\frac{1}{4} \sum\left|\bar{\nabla}^{\perp} \bar{H}^{\alpha}\right|^{2}+\bar{\Phi}\left(2+\frac{\bar{H}^{2}}{2}-\bar{\Phi}\right)-\sum \bar{R}_{\alpha \beta 12}^{2}\right] d \bar{a} \\
& \geq \int_{M}\left[-\frac{1}{2} f(\bar{\Phi}, \bar{H})+\bar{\Phi}\left(2+\frac{\bar{H}^{2}}{2}-\bar{\Phi}\right)\right] d \bar{a} \\
& \geq \int_{M} \bar{\Phi} v(\bar{\Phi}, \bar{H}) d \bar{a} \\
& =\int_{M} \Phi v(\bar{\Phi}, \bar{H}) d a
\end{aligned}
$$

where $v$ is the continuous function defined on $M, v(\Phi, H)=-\frac{3}{2}\left[\Phi-\left(\frac{2}{3}+\right.\right.$ $\left.\left.\frac{H^{2}}{8}+r(H)\right)\right]$, if $\Phi>\frac{2}{3}+\frac{H^{2}}{8}+r(H) ; v(\Phi, H)=-\frac{\sqrt{6}}{2}\left[\Phi-\left(\frac{2}{3}+\frac{H^{2}}{8}+r(H)\right)\right]$, if $\frac{H^{2}}{8} \leq \Phi \leq \frac{2}{3}+\frac{H^{2}}{8}+r(H) ; v(\Phi, H)=\frac{\sqrt{6}}{3}+\frac{H^{2}}{8}+\frac{\sqrt{6}}{2} r(H)-\Phi$, if $\Phi<\frac{H^{2}}{8}$.

Dividing the integral inequality by $\lambda_{m}^{2}=\frac{1}{1-\left|g_{m}\right|^{2}}$ and letting $m \longrightarrow \infty$, Lemma 2.6 gives

$$
0 \geq \int_{M} \Phi L(\Phi, F) d a
$$

where $\mathbb{F}=\sum F^{\alpha} e_{\alpha}, F=|\mathbb{F}|$, was defined at Lemma 2.7 and $L$ is the continuous function given by $L(\Phi, F)=-\frac{3}{2}\left[\left(1+<x, g_{0}>\right)^{2} \Phi-\frac{3+\sqrt{6}}{24} F^{2}\right]$, if $\left(1+<x, g_{0}>\right)^{2} \Phi \geq \frac{3+\sqrt{6}}{24} F^{2} ; L(\Phi, F)=-\frac{\sqrt{6}}{2}\left[\left(1+<x, g_{0}>\right)^{2} \Phi-\frac{3+\sqrt{6}}{24} F^{2}\right]$, if $\frac{F^{2}}{8} \leq\left(1+<x, g_{0}>\right)^{2} \Phi \leq \frac{3+\sqrt{6}}{24} F^{2} ; L(\Phi, F)=\frac{F^{2}}{4}-\left(1+<x, g_{0}>\right)^{2} \Phi$, if $\left(1+<x, g_{0}>\right)^{2} \Phi \leq \frac{F^{2}}{8}$.

On the other hand, since $\Phi_{m}-\frac{1}{8} H_{m}^{2}-\sqrt{\frac{4}{9}+\frac{1}{6} H_{m}^{2}+\frac{1}{96} H_{m}^{4}} \leq \frac{2}{3}+\frac{1}{m}$ on M, taking limits $m \longrightarrow \infty$, we see that

$$
\left(1+<x, g_{0}>\right)^{2} \Phi-\frac{3+\sqrt{6}}{24} F^{2} \leq 0
$$

and thus the integrand $\Phi L$ is nonnegative. We conclude that $\Phi=0$ or $L=0$, and hence $\Phi=0$ or $\left(1+<x, g_{0}>\right)^{2} \Phi=\frac{3+\sqrt{6}}{24} F^{2}$. We note that all inequalities become equalities in the procedure for limits, and, in particular, $\psi_{i j j}^{\alpha}=\frac{F_{i}^{\alpha}}{4}$ for all $\alpha, i, j$.

Step 2. We want to show that either $M$ is totally umbilical or $(1+<$ $\left.x, g_{0}>\right)^{2} \Phi$ and $F^{2}$ are positive constants. Multiplying both sides of the equation for $\bar{\Phi}$ in Lemma 2.1 by $\bar{\Phi}$, integrating over $M$ and applying pointwise estimates of Step 1, we obtain

$$
\begin{aligned}
0= & \int_{M}\left[\frac{1}{2}|\bar{\nabla} \bar{\Phi}|^{2}+\frac{1}{2} \bar{\Phi} \bar{\Delta} \bar{\Phi}\right] d \bar{a} \\
= & \int_{M} \frac{1}{2}|\bar{\nabla} \bar{\Phi}|^{2}+\bar{\Phi}\left[\sum\left(\bar{\phi}_{i j k}^{\alpha}\right)^{2}+\sum \bar{\phi}_{i j}^{\alpha} \bar{H}_{i j}^{\alpha}+\bar{\Phi}\left(2+\frac{\bar{H}^{2}}{2}-\bar{\Phi}\right)-\sum \bar{R}_{\alpha \beta 12}^{2}\right] d \bar{a} \\
\geq & \int_{M} \frac{1}{2}|\bar{\nabla} \bar{\Phi}|^{2}-\frac{1}{4} \bar{\Phi} \sum\left|\nabla^{\perp} \bar{H}^{\alpha}\right|^{2}-\sum \bar{\phi}_{i j}^{\alpha} \bar{H}_{i}^{\alpha} \bar{\Phi}_{j} \\
& +\bar{\Phi}\left[\bar{\Phi}\left(2+\frac{\bar{H}^{2}}{2}-\bar{\Phi}\right)-\sum \bar{R}_{\alpha \beta 12}^{2}\right] d \bar{a} \\
= & \int_{M} \frac{1}{2}|\bar{\nabla} \bar{\Phi}|^{2}+\frac{1}{4} \sum \bar{\Phi}_{i} \bar{H}^{\alpha} \bar{H}_{i}^{\alpha}-\sum \bar{\phi}_{i j}^{\alpha} \bar{H}_{i}^{\alpha} \bar{\Phi}_{j} \\
& +\bar{\Phi}\left[-\frac{1}{4} \sum\left(\sum \bar{\phi}_{i j}^{\alpha} \bar{H}^{\alpha}\right)^{2}+\bar{\Phi}\left(2+\frac{\bar{H}^{2}}{2}-\bar{\Phi}\right)-\sum \bar{R}_{\alpha \beta 12}^{2}\right] d \bar{a},
\end{aligned}
$$

where in the last step we have used the identity

$$
\int_{M} \bar{\Phi} \sum\left|\bar{\nabla}^{\perp} \bar{H}^{\alpha}\right|^{2} d \bar{a}=\int_{M}\left[-\sum \bar{\Phi}_{i} \bar{H}^{\alpha} \bar{H}_{i}^{\alpha}+\bar{\Phi} \sum\left(\sum \bar{\phi}_{i j}^{\alpha} \bar{H}^{\alpha}\right)^{2}\right] d \bar{a}
$$

In fact, this identity comes from multiplying the equation $\bar{\Delta}{ }^{\perp} \bar{H}^{\alpha}+\sum \bar{\phi}_{i j}^{\alpha} \bar{\phi}_{i j}^{\beta} \bar{H}^{\beta}$ $=0$ by $\bar{\Phi} \bar{H}^{\alpha}$ and then integrating over $M$.

By using Lemma 2.5 again, we have

$$
\begin{aligned}
0 \geq & \int_{M}\left[\frac{1}{2}|\bar{\nabla} \bar{\Phi}|^{2}+\frac{1}{4} \sum \bar{\Phi}_{i} \bar{H}^{\alpha} \bar{H}_{i}^{\alpha}-\sum \bar{\phi}_{i j}^{\alpha} \bar{H}_{i}^{\alpha} \bar{\Phi}_{j}\right] d \bar{a} \\
& +\int_{M} \bar{\Phi}\left[-\frac{1}{2} f(\bar{\Phi}, \bar{H})+\bar{\Phi}\left(2+\frac{\bar{H}^{2}}{2}-\bar{\Phi}\right)\right] d \bar{a} \\
\geq & \int_{M}\left[\frac{1}{2}|\bar{\nabla} \bar{\Phi}|^{2}+\frac{1}{4} \sum \bar{\Phi}_{i} \bar{H}^{\alpha} \bar{H}_{i}^{\alpha}-\sum \bar{\phi}_{i j}^{\alpha} \bar{H}_{i}^{\alpha} \bar{\Phi}_{j}+\bar{\Phi}^{2} v(\bar{\Phi}, \bar{H})\right] d \bar{a}
\end{aligned}
$$

where $v$ was given at Step 1. Substituting the relationships of Lemma 2.6 into this last integral, we get

$$
\begin{aligned}
0 \geq \int_{M}[ & 2 \lambda_{m}^{6}\left(1+<x, g_{m}>\right)^{4} \sum\left(\phi_{k l}^{\alpha} \psi_{k l i}^{\alpha}\right)^{2} \\
& -2 \lambda_{m}^{6}\left(1+<x, g_{m}>\right)^{4} \sum \phi_{k l}^{\alpha} \psi_{k l i}^{\alpha} \sum \phi_{i j}^{\alpha} F_{j}^{\alpha} \\
& +\frac{1}{2} \lambda_{m}^{6}\left(1+<x, g_{m}>\right)^{3} \sum \phi_{k l}^{\alpha} \psi_{k l i}^{\alpha} \sum F^{\alpha} F_{i}^{\alpha} \\
& \left.+\lambda_{m}^{4}\left(1+<x, g_{m}>\right)^{4} \Phi^{2} v\left(\lambda_{m}^{2}\left(1+<x, g_{m}>\right)^{2} \Phi, \lambda_{m} F\right)\right] \\
& \times \frac{1}{\lambda_{m}^{2}\left(1+<x, g_{m}>\right)^{2}} d a
\end{aligned}
$$

Dividing the integral inequality by $\lambda_{m}^{4}$ and letting $m \longrightarrow \infty$, we find that

$$
\begin{aligned}
0 \geq \int_{M}[ & {\left[2\left(1+<x, g_{0}>\right)^{2} \sum\left(\phi_{k l}^{\alpha} \psi_{k l i}^{\alpha}\right)^{2}\right.} \\
& -2\left(1+<x, g_{0}>\right)^{2} \sum \phi_{k l}^{\alpha} \psi_{k l i}^{\alpha} \sum \phi_{i j}^{\alpha} F_{j}^{\alpha} \\
& \left.+\frac{1}{2}\left(1+<x, g_{0}>\right) \sum \phi_{k l}^{\alpha} \psi_{k l i}^{\alpha} \sum F^{\alpha} F_{i}^{\alpha}\right] d a
\end{aligned}
$$

this we can do because $\Phi=0$ or $L=0$. We assert that the integrand is nonnegative. Let $\Omega$ be a connected component of the set of points where $\Phi>0$, and let $U=c\left(1+<x, g_{0}>\right) \sqrt{\Phi}$ defined on $\Omega$, where $\frac{1}{c^{2}}=\frac{3+\sqrt{6}}{24}$. Then

$$
\begin{aligned}
U_{i}= & c \sqrt{\Phi}<e_{i}, g_{0}>+2 c \sum \frac{\phi_{11}^{\alpha}}{\sqrt{\Phi}}\left(1+<x, g_{0}>\right) \phi_{11 i}^{\alpha} \\
& +2 c \sum \frac{\phi_{12}^{\alpha}}{\sqrt{\Phi}}\left(1+<x, g_{0}>\right) \phi_{12 i}^{\alpha}
\end{aligned}
$$

for all $i$. Substituting $\left(1+<x, g_{0}>\right) \phi_{i j k}^{\alpha}$ in terms of $\psi_{i j k}^{\alpha}$, Lemma 2.8 gives

$$
U_{i}=\frac{c}{2 \sqrt{\Phi}} \sum \phi_{i j}^{\alpha} F_{j}^{\alpha}=\frac{c}{\sqrt{\Phi}} \sum \phi_{k l}^{\alpha} \psi_{k l i}^{\alpha}
$$

for all $i$, here we have used the fact that $\psi_{i j j}^{\alpha}=\frac{F_{i}^{\alpha}}{4}$ for all $\alpha, i, j$. Since $F^{2}=U^{2}$, we find that the integrand is equal to $\left(1+<x, g_{0}>\right)^{2} \Phi\left(\frac{1}{2}-\right.$ $\left.\frac{2}{c^{2}}\right)|\nabla U|^{2}$ on $\Omega$. When $\Phi=0$ the integrand vanishes, when $\Phi>0$, because $\frac{1}{2}-\frac{2}{c^{2}}=\frac{3-\sqrt{6}}{12}>0$, the integrand is also nonnegative, as desired.

Since every immersion is locally an embedding, $1+\left\langle x, g_{0}\right\rangle$ vanishes only at most finite points on $M$, thus $|\nabla U|^{2}=0$, if $\Phi>0$. Therefore $U$ is constant on each connected component of the set where $\Phi \neq 0$. A consequence of this is that either $M$ is totally umbilical or $\left(1+<x, g_{0}>\right)^{2} \Phi$ and $F^{2}$ are constants.

Step 3. Assume that $\left(1+<x, g_{0}>\right)^{2} \Phi$ and $F^{2}$ are positive constants. It is important now to derive the following four equations which will require in Step 4:

$$
\begin{gathered}
F^{\alpha}=\frac{4}{\Phi+\frac{F^{2}}{8\left(1+<x, g_{0}>\right)^{2}}}\left(\sum \phi_{11}^{\beta} F^{\beta} \phi_{11}^{\alpha}+\sum \phi_{12}^{\beta} F^{\beta} \phi_{12}^{\alpha}\right), \\
\sum \phi_{11}^{\alpha} F_{1}^{\alpha}=\sum \phi_{12}^{\alpha} F_{1}^{\alpha}=\sum \phi_{11}^{\alpha} F_{2}^{\alpha}=\sum \phi_{12}^{\alpha} F_{2}^{\alpha}=0, \\
\left(1+<x, g_{0}>\right)^{2} \sum\left[\left(F_{1}^{\alpha}\right)^{2}-\left(F_{2}^{\alpha}\right)^{2}\right]=2\left[\left(1+<x, g_{0}>\right)^{2} \Phi+\frac{F^{2}}{8}\right] \sum \phi_{11}^{\alpha} F^{\alpha}
\end{gathered}
$$

and

$$
\left(1+<x, g_{0}>\right)^{2} \sum F_{1}^{\alpha} F_{2}^{\alpha}=\left[\left(1+<x, g_{0}>\right)^{2} \Phi+\frac{F^{2}}{8}\right] \sum \phi_{12}^{\alpha} F^{\alpha}
$$

The way of proof is proceeding as the procedure of Step 1, but reverses the order of taking limits and applying Lemma 2.5. Since $g_{m} \circ x$ is a Willmore
immersion, Lemma 2.6 gives

$$
\begin{aligned}
0= & \int_{M}\left[\sum\left(\bar{\phi}_{i j k}^{\alpha}\right)^{2}+\sum \bar{\phi}_{i j}^{\alpha} \bar{H}_{i j}^{\alpha}+\bar{\Phi}\left(2+\frac{\bar{H}^{2}}{2}-\bar{\Phi}\right)-\sum \bar{R}_{\alpha \beta 12}^{2}\right] d \bar{a} \\
= & \int_{M}\left[\sum\left(\bar{\phi}_{i j k}^{\alpha}\right)^{2}-\sum \bar{\phi}_{i j j}^{\alpha} \bar{H}_{i}^{\alpha}+\bar{\Phi}\left(2+\frac{\bar{H}^{2}}{2}-\bar{\Phi}\right)-\sum \bar{R}_{\alpha \beta 12}^{2}\right] d \bar{a} \\
\geq & \int_{M}\left[-\frac{1}{4} \sum\left|\bar{\nabla}^{\perp} \bar{H}^{\alpha}\right|^{2}+\bar{\Phi}\left(2+\frac{\bar{H}^{2}}{2}-\bar{\Phi}\right)-\sum \bar{R}_{\alpha \beta 12}^{2}\right] d \bar{a} \\
\geq & \int_{M}\left\{-\frac{1}{2}\left[\left(\sum \bar{\phi}_{11}^{\alpha} \bar{H}^{\alpha}\right)^{2}+\left(\sum \bar{\phi}_{12}^{\alpha} \bar{H}^{\alpha}\right)^{2}+16 \sum\left(\bar{\phi}_{11}^{\alpha}\right)^{2} \sum\left(\bar{\phi}_{12}^{\alpha}\right)^{2}\right.\right. \\
= & \int_{M}\left\{-\frac{1}{2} \lambda_{m}^{2}\left[\left(\sum \bar{\phi}_{11}^{\alpha} \bar{\phi}_{12}^{\alpha}\right)^{2}\right]+\bar{\Phi}\left(2+\frac{\bar{H}^{2}}{2}-\bar{\Phi}\right)\right\} d \bar{a} \\
& +16\left(1+<x, g_{m}>\right)^{2} \sum\left(\phi_{11}^{\alpha}\right)^{2} \sum\left(\phi_{12}^{\alpha}\right)^{2} \\
& \left.-16\left(1+<x, g_{m}>\right)^{2}\left(\sum \phi_{11}^{\alpha} \phi_{12}^{\alpha}\right)^{2}\right] \\
& \left.+\Phi\left(2+\frac{\lambda_{m}^{2} F_{m}^{2}}{2}-\lambda_{m}^{2}\left(1+<x, g_{m}>\right)^{2} \Phi\right)\right\} d a,
\end{aligned}
$$

where $\lambda_{m}=\frac{1}{1-\left|g_{m}\right|^{2}}$, and $F_{m}^{2}=\sum\left(F_{m}^{\alpha}\right)^{2}$ was defined at Lemma 2.7 with $g=g_{m}$. Dividing the integral inequality by $\lambda_{m}^{2}$ and letting $m \longrightarrow \infty$, we get

$$
\begin{aligned}
0 \geq & \int_{M}\left\{-\frac{1}{2}\left[\left(\sum \phi_{11}^{\alpha} F^{\alpha}\right)^{2}+\left(\sum \phi_{12}^{\alpha} F^{\alpha}\right)^{2}+16\left(1+<x, g_{0}>\right)^{2} \sum\left(\phi_{11}^{\alpha}\right)^{2} \sum\left(\phi_{12}^{\alpha}\right)^{2}\right.\right. \\
& \left.\left.-16\left(1+<x, g_{0}>\right)^{2}\left(\sum \phi_{11}^{\alpha} \phi_{12}^{\alpha}\right)^{2}\right]+\Phi\left(\frac{F^{2}}{2}-\left(1+<x, g_{0}>\right)^{2} \Phi\right)\right\} d a,
\end{aligned}
$$

where $F$ denote the function related to $g_{0}$.

Now, we apply Lemma 2.5 with $c=\left(1+<x, g_{0}>\right)^{2}$ to the first term of the integrand. Since $\left(1+<x, g_{0}>\right)^{2} \Phi$ is a positive constant, $1+<x, g_{0}>$ never vanishes and $\left(1+<x, g_{0}>\right)^{2} \Phi=\frac{3+\sqrt{6}}{24} F^{2}$, Lemma 2.5 gives

$$
\begin{aligned}
0 \geq \int_{M}\{ & -\frac{1}{2}\left(1+<x, g_{0}>\right)^{2}\left[\Phi+\frac{F^{2}}{8\left(1+<x, g_{0}>\right)^{2}}\right]^{2} \\
+ & \left.\Phi\left[\frac{F^{2}}{2}-\left(1+<x, g_{0}>\right)^{2} \Phi\right]\right\} d a
\end{aligned}
$$

$$
\begin{aligned}
& =\int_{M}-\frac{3}{2}\left[\left(1+<x, g_{0}>\right)^{2} \Phi^{2}-\frac{\Phi F^{2}}{4}+\frac{F^{4}}{192\left(1+<x, g_{0}>\right)^{2}}\right] d a \\
& =0
\end{aligned}
$$

It follows that all the inequalities in the preceding process become equalities. In particular, the equality in Lemma 2.5 with $c=\left(1+<x, g_{0}>\right)^{2}$ holds, and hence the first equation follows immediately.

Applying the first equation twice, we have

$$
\begin{aligned}
& \sum \phi_{i j}^{\alpha} \phi_{i j}^{\beta} F^{\beta} \\
= & \frac{8}{\Phi+\frac{F^{2}}{8\left(1+<x, g_{0}>\right)^{2}}}\left[\left(\sum\left(\phi_{11}^{\beta}\right)^{2} \sum \phi_{11}^{\beta} F^{\beta}+\sum \phi_{11}^{\beta} \phi_{12}^{\beta} \sum \phi_{12}^{\beta} F^{\beta}\right) \phi_{11}^{\alpha}\right. \\
& \left.+\left(\sum \phi_{11}^{\beta} \phi_{12}^{\beta} \sum \phi_{11}^{\beta} F^{\beta}+\sum\left(\phi_{12}^{\beta}\right)^{2} \sum \phi_{12}^{\beta} F^{\beta}\right) \phi_{12}^{\alpha}\right] \\
= & \frac{8}{\Phi+\frac{F^{2}}{8\left(1+<x, g_{0}>\right)^{2}}}\left[\frac{1}{4}\left(\Phi+\frac{F^{2}}{8\left(1+<x, g_{0}>\right)^{2}}\right) \sum \phi_{11}^{\beta} F^{\beta} \phi_{11}^{\alpha}\right. \\
& \left.\quad+\frac{1}{4}\left(\Phi+\frac{F^{2}}{8\left(1+<x, g_{0}>\right)^{2}}\right) \sum \phi_{12}^{\beta} F^{\beta} \phi_{12}^{\alpha}\right] \\
= & \frac{1}{2}\left[\Phi+\frac{F^{2}}{8\left(1+<x, g_{0}>\right)^{2}}\right] F^{\alpha},
\end{aligned}
$$

for all $\alpha$. Thus $F^{\alpha}$ satifies the following equation

$$
\Delta^{\perp} F^{\alpha}+\frac{1}{2}\left[\Phi+\frac{F^{2}}{8\left(1+<x, g_{0}>\right)^{2}}\right] F^{\alpha}=0
$$

The scheme of showing others are similar to that of Step 3 in the proof of Theorem 1.1. We made a brief sketch here for clarity and completeness. Let $\varphi_{i j}^{\alpha}=\left(1+<x, g_{0}>\right) \phi_{i j}^{\alpha}$ for all $\alpha, i, j$. Because $\psi_{i j j}^{\alpha}=\frac{F_{i}^{\alpha}}{4}$, for all $\alpha, i, j$, Lemma 2.8 gives

$$
\begin{gathered}
\varphi_{111}^{\alpha}=\frac{F_{1}^{\alpha}}{4}+2<e_{2}, g_{0}>\phi_{12}^{\alpha} \\
\varphi_{112}^{\alpha}=-\frac{F_{2}^{\alpha}}{4}-2<e_{1}, g_{0}>\phi_{12}^{\alpha} \\
\varphi_{121}^{\alpha}=\frac{F_{2}^{\alpha}}{4}-2<e_{2}, g_{0}>\phi_{11}^{\alpha}
\end{gathered}
$$

and

$$
\varphi_{122}^{\alpha}=\frac{F_{1}^{\alpha}}{4}+2<e_{1}, g_{0}>\phi_{11}^{\alpha}
$$

Because the equality in Lemma 2.5 with $c=(1+\langle x, g\rangle)^{2}$ holds, we have

$$
\begin{aligned}
A^{2}+B^{2} & =\frac{1}{2} C F^{2} \\
A^{2}-B^{2} & =8 C\left[\sum\left(\phi_{11}^{\alpha}\right)^{2}-\sum\left(\phi_{12}^{\alpha}\right)^{2}\right] \\
A B & =8 C \sum \phi_{11}^{\alpha} \phi_{12}^{\alpha}
\end{aligned}
$$

where $A=\sum \varphi_{11}^{\alpha} F^{\alpha}, B=\sum \varphi_{12}^{\alpha} F^{\alpha}$ and $C=\frac{1}{2}\left(\left(1+<x, g_{0}>\right)^{2} \Phi+\frac{F^{2}}{8}\right)$.
Since $A^{2}+B^{2}$ and $F^{2}$ are constants, differentiating $A^{2}+B^{2}$ and substituting $\varphi_{i j k}^{\alpha}$ in terms of $F_{i}^{\alpha}$ and $\phi_{i j}^{\alpha}$, we obtain

$$
\begin{aligned}
& A \sum \varphi_{11}^{\alpha} F_{1}^{\alpha}+B \sum \varphi_{12}^{\alpha} F_{1}^{\alpha}=0 \\
& A \sum \varphi_{11}^{\alpha} F_{2}^{\alpha}+B \sum \varphi_{12}^{\alpha} F_{2}^{\alpha}=0
\end{aligned}
$$

Since $A^{2}+B^{2}$ is a positive constant, $\sum \varphi_{11}^{\alpha} F_{1}^{\alpha}=-t B, \sum \varphi_{12}^{\alpha} F_{1}^{\alpha}=t A$, $\sum \varphi_{11}^{\alpha} F_{2}^{\alpha}=-s B$ and $\sum \varphi_{12}^{\alpha} F_{2}^{\alpha}=s A$, for some functions $t$ and $s$.

Next, we differentiate the equations involved $A^{2}-B^{2}$ and $A B$, obtaining

$$
\begin{aligned}
t A B & =C(s A+t B) \\
s A B & =C(t A-s B), \\
t\left(A^{2}-B^{2}\right) & =2 C(t A-s B), \\
s\left(A^{2}-B^{2}\right) & =2 C(-s A-t B) .
\end{aligned}
$$

As before, this implies $s=t=0$, and we get the second equation.
Differentiating the second equation, the proof of remaining part uses exactly the same argument as Theorem 1.1, one just replaces $H^{\alpha}$ by $F^{\alpha}$ throughout.

Step 4. Finally, we assert that $M$ is totally umbilical. Suppose that, to get a contradiction, $M$ is not totally umbilical. It will then follow from Step 2 that both $\left(1+<x, g_{0}>\right)^{2} \Phi$ and $F^{2}$ are positive constants.

Setting $\left.C=\frac{1}{2}\left[\left(1+<x, g_{0}>\right)^{2} \Phi+\frac{F^{2}}{8}\right)\right]$, since $F^{2}$ is a constant function, we have

$$
\begin{aligned}
0 & =\frac{1}{2}\left(1+<x, g_{0}>\right)^{2} \Delta F^{2} \\
& =\left(1+<x, g_{0}>\right)^{2} \sum\left|\nabla^{\perp} F^{\alpha}\right|^{2}+\left(1+<x, g_{0}>\right)^{2} \sum F^{\alpha} \Delta^{\perp} F^{\alpha} \\
& =\left(1+<x, g_{0}>\right)^{2} \sum\left|\nabla^{\perp} F^{\alpha}\right|^{2}-C F^{2},
\end{aligned}
$$

and hence

$$
\left(1+<x, g_{0}>\right)^{2} \sum\left|\nabla^{\perp} F^{\alpha}\right|^{2}=C F^{2}
$$

This means that $\left(1+<x, g_{0}>\right)^{2} \sum\left|\nabla^{\perp} F^{\alpha}\right|^{2}$ is also a constant function. Both first derivatives being equal to zeros, we get

$$
\begin{aligned}
& \left(1+<x, g_{0}>\right)^{2} \sum F_{j}^{\alpha} F_{j i}^{\alpha}<e_{i}, g_{0}> \\
= & -\left(1+<x, g_{0}>\right) \sum\left|\nabla^{\perp} F^{\alpha}\right|^{2}<e_{i}, g_{0}>^{2} .
\end{aligned}
$$

Once again we use the fact that $\left(1+<x, g_{0}>\right)^{2} \sum\left|\nabla^{\perp} F^{\alpha}\right|^{2}$ is a constant, we have

$$
\begin{aligned}
0= & \frac{1}{2}\left(1+<x, g_{0}>\right)^{2} \Delta\left[\left(1+<x, g_{0}>\right)^{2} \sum\left|\nabla^{\perp} F^{\alpha}\right|^{2}\right] \\
= & \frac{1}{2}\left(1+<x, g_{0}>\right)^{2} \sum\left|\nabla^{\perp} F^{\alpha}\right|^{2} \Delta\left(1+<x, g_{0}>\right)^{2} \\
& +\frac{1}{2}\left(1+<x, g_{0}>\right)^{4} \Delta \sum\left|\nabla^{\perp} F^{\alpha}\right|^{2} \\
& +\left(1+<x, g_{0}>\right)^{2} \nabla\left(1+<x, g_{0}>\right)^{2} \cdot \nabla \sum\left|\nabla^{\perp} F^{\alpha}\right|^{2} \\
= & C F^{2}\left[-3 \sum<e_{i}, g_{0}>^{2}\right. \\
& \left.+\left(1+<x, g_{0}>\right)\left(\sum H^{\alpha}<e_{\alpha}, g_{0}>-2<x, g_{0}>\right)\right] \\
& +\frac{1}{2}\left(1+<x, g_{0}>\right)^{4} \Delta \sum\left|\nabla^{\perp} F^{\alpha}\right|^{2},
\end{aligned}
$$

here we have used the fact that $\Delta<x, g_{0}>=\sum H^{\alpha}<e_{\alpha}, g_{0}>-2<x, g_{0}>$.

We need to adjust the last term,

$$
\begin{aligned}
& \frac{1}{2}\left(1+<x, g_{0}>\right)^{4} \Delta \sum\left|\nabla^{\perp} F^{\alpha}\right|^{2} \\
= & \left(1+<x, g_{0}>\right)^{4}\left[\sum\left(F_{i j}^{\alpha}\right)^{2}+\sum F_{i}^{\alpha} F_{i j j}^{\alpha}\right] \\
= & \left(1+<x, g_{0}>\right)^{4}\left[\sum\left(F_{i j}^{\alpha}\right)^{2}+\sum F_{i}^{\alpha}\left(\Delta^{\perp} F^{\alpha}\right)_{i}\right. \\
& \left.+\sum F_{i}^{\alpha} F_{j}^{\alpha} R_{i k j k}+2 \sum F_{i}^{\alpha} F_{j}^{\beta} R_{\beta \alpha i j}+\sum F_{i}^{\alpha} F^{\beta} R_{\beta \alpha i j, j}\right] .
\end{aligned}
$$

Now we take care of these terms containing curvature. First, it is straightforward that

$$
\sum F_{i}^{\alpha} F_{j}^{\alpha} R_{i k j k}=R_{1212} \sum\left|\nabla^{\perp} F^{\alpha}\right|^{2}=\left(1+\frac{H^{2}}{4}-\frac{\Phi}{2}\right) \sum\left|\nabla^{\perp} F^{\alpha}\right|^{2}
$$

Next, applying the second equation of Step 3, we obtain

$$
\sum F_{i}^{\alpha} F_{j}^{\beta} R_{\beta \alpha i j}=-2\left(F_{1}^{\alpha} F_{2}^{\beta}-F_{2}^{\alpha} F_{1}^{\beta}\right)\left(\phi_{11}^{\alpha} \phi_{12}^{\beta}-\phi_{11}^{\alpha} \phi_{12}^{\beta}\right)=0
$$

Finally, substituting $\varphi_{i j k}^{\alpha}$ in terms of $F_{i}^{\alpha}$ and $\phi_{i j}^{\alpha}$, the second equation of Step 3 gives

$$
\begin{aligned}
& \left(1+<x, g_{0}>\right)^{2} \sum F_{i}^{\alpha} F^{\beta} R_{\beta \alpha i j, j} \\
= & \frac{1}{2} \sum \varphi_{11}^{\alpha} F^{\alpha} \sum\left[\left(F_{1}^{\alpha}\right)^{2}-\left(F_{2}^{\alpha}\right)^{2}\right]+\sum \varphi_{12}^{\alpha} F^{\alpha} \sum F_{1}^{\alpha} F_{2}^{\alpha} .
\end{aligned}
$$

Then applying the third and fourth equations of Step 3, we have

$$
\sum F_{i}^{\alpha} F^{\beta} R_{\beta \alpha i j, j}=\frac{F^{2}}{4}\left[\Phi+\frac{F^{2}}{8\left(1+<x, g_{0}>\right)^{2}}\right]^{2}
$$

Together these equations imply that

$$
\begin{aligned}
& \frac{1}{2}\left(1+<x, g_{0}>\right)^{4} \Delta \sum\left|\nabla^{\perp} F^{\alpha}\right|^{2} \\
= & \left(1+<x, g_{0}>\right)^{4} \sum\left(F_{i j}^{\alpha}\right)^{2}+C F^{2}\left(1+<x, g_{0}>\right)^{2}\left(1+\frac{H^{2}}{4}-\frac{\Phi}{2}\right) .
\end{aligned}
$$

Substituting this into the original equation, it follows that

$$
\begin{aligned}
0= & \left(1+<x, g_{0}>\right)^{4} \sum\left(F_{i j}^{\alpha}\right)^{2}+C F^{2}\left[-3 \sum<e_{i}, g_{0}>^{2}\right. \\
& +\left(1+<x, g_{0}>\right)\left(\sum H^{\alpha}<e_{\alpha}, g_{0}>-2<x, g_{0}>\right) \\
& \left.+\left(1+<x, g_{0}>\right)^{2}\left(1+\frac{H^{2}}{4}-\frac{\Phi}{2}\right)\right] .
\end{aligned}
$$

To estimate the first term, let

$$
\begin{aligned}
\tilde{F}_{i j}^{\alpha}= & \left(1+<x, g_{0}>\right)^{2} F_{i j}^{\alpha}+\left(1+<x, g_{0}>\right)\left(F_{i}^{\alpha}<e_{j}, g_{0}>+F_{j}^{\alpha}<e_{i}, g_{0}>\right. \\
& \left.-\sum F_{k}^{\alpha}<e_{k}, g_{0}>\delta_{i j}\right),
\end{aligned}
$$

for all $\alpha, i, j$. Then

$$
\sum \tilde{F}_{i i}^{\alpha}=\left(1+<x, g_{0}>\right)^{2} \sum F_{i i}^{\alpha}=-C F^{\alpha},
$$

and

$$
\begin{aligned}
& \sum\left(\tilde{F}_{i j}^{\alpha}\right)^{2} \\
= & 2\left(1+<x, g_{0}>\right)^{3}\left(\sum F_{i j}^{\alpha} F_{i}^{\alpha}<e_{j}, g_{0}>+\sum F_{i j}^{\alpha} F_{j}^{\alpha}<e_{i}, g_{0}>\right. \\
& \left.-\sum F_{i i}^{\alpha} F_{k}^{\alpha}<e_{k}, g_{0}>\right) \\
& +\left(1+<x, g_{0}>\right)^{4} \sum\left(F_{i j}^{\alpha}\right)^{2}+2\left(1+<x, g_{0}>\right)^{2} \sum\left|\nabla^{\perp} F^{\alpha}\right|^{2}<e_{i}, g_{0}>^{2} \\
= & 2\left(1+<x, g_{0}>\right)^{3}\left(2 \sum F_{i j}^{\alpha} F_{i}^{\alpha}<e_{j}, g_{0}>+\sum\left(F_{i j}^{\alpha}-F_{j i}^{\alpha}\right) F_{j}^{\alpha}<e_{i}, g_{0}>\right) \\
& +\left(1+<x, g_{0}>\right)^{4} \sum\left(F_{i j}^{\alpha}\right)^{2}+2\left(1+<x, g_{0}>\right) C \sum F^{\alpha} F_{k}^{\alpha}<e_{k}, g_{0}> \\
& +2\left(1+<x, g_{0}>\right)^{2} \sum\left|\nabla^{\perp} F^{\alpha}\right|^{2}<e_{i}, g_{0}>^{2} \\
= & 2\left(1+<x, g_{0}>\right)^{3}\left(2 \sum F_{i j}^{\alpha} F_{i}^{\alpha}<e_{j}, g_{0}>+\sum F^{\beta} R_{\beta \alpha i j} F_{j}^{\alpha}<e_{i}, g_{0}>\right) \\
& +\left(1+<x, g_{0}>\right)^{4} \sum\left(F_{i j}^{\alpha}\right)^{2}+2\left(1+<x, g_{0}>\right)^{2} \sum\left|\nabla^{\perp} F^{\alpha}\right|^{2}<e_{i}, g_{0}>^{2} \\
= & -2\left(1+<x, g_{0}>\right)^{2} \sum\left|\nabla^{\perp} F^{\alpha}\right|^{2}<e_{i}, g_{0}>^{2}+\left(1+<x, g_{0}>\right)^{4} \sum\left(F_{i j}^{\alpha}\right)^{2} .
\end{aligned}
$$

Thus the first term can estimate from below by

$$
\begin{aligned}
& \left(1+<x, g_{0}>\right)^{4} \sum\left(F_{i j}^{\alpha}\right)^{2}=\sum\left(\tilde{F}_{i j}^{\alpha}\right)^{2}+2 C F^{2} \sum<e_{i}, g_{0}>^{2} \\
\geq & \sum\left(\tilde{F}_{i i}^{\alpha}\right)^{2}+2 C F^{2} \sum<e_{i}, g_{0}>^{2}
\end{aligned}
$$

$$
\begin{aligned}
& \geq \frac{1}{2} \sum\left(\sum \tilde{F}_{i i}^{\alpha}\right)^{2}+2 C F^{2} \sum<e_{i}, g_{0}>^{2} \\
& =\frac{1}{2} C^{2} F^{2}+2 C F^{2} \sum<e_{i}, g_{0}>^{2}
\end{aligned}
$$

Because $1=<x, g_{0}>^{2}+\sum<e_{i}, g_{0}>^{2}+\sum<e_{\alpha}, g_{0}>^{2}$, we conclude that

$$
\begin{aligned}
0 \geq & C F^{2}\left[1-\sum<e_{i}, g_{0}>^{2}-<x, g_{0}>^{2}+\frac{1}{4}\left(1+<x, g_{0}>\right)^{2} H^{2}\right. \\
& \left.+\left(1+<x, g_{0}>\right) H^{\alpha}<e_{\alpha}, g_{0}>+\frac{1}{32} F^{2}-\frac{1}{4}\left(1+<x, g_{0}>\right)^{2} \Phi\right] \\
= & C F^{2}\left[\frac{9}{32} F^{2}-\frac{1}{4}\left(1+<x, g_{0}>\right)^{2} \Phi\right]=\frac{24-\sqrt{6}}{96} C F^{4}>0 .
\end{aligned}
$$

This contradiction shows that $M$ is totally umbilical. This completes the proof of Theorem 1.2.

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